

**MAY IS
BIKE
MONTH**

**FREE Rides, Speakers,
Workshops & More
All Month Long**



All of May

May is Falling Sky Bike month too!

Bike to any Falling Sky location & save \$1

Family Friendly- Adults are specifically encouraged to bring their children.

Hosted by Falling Sky

Camp Putt: Bucks for Bikes

Every weekend in May, Camp Putt Adventure Golf Park, 4006 Franklin Blvd.

Ride a bike to Camp Putt, take \$2 off your round of golf! Family Friendly- Adults are specifically encouraged to bring their children.

Hosted by Willamalane Park & Recreation District

Wednesday, May 2

Tune Up Your Bike, Tune Up Your Body

12:00 pm 1:30 pm, Eugene Park Blocks (8th & Oak)

It's spring time and it's time to get your bike (and your body) ready to ride! Join Stop Drop and Yoga for body tune-ups and DingDing Cycles for some bike tune-ups as well as other information booths to help gear you up for May is Bike Month and a full year of fun fitness and transportation.

General- Mostly intended for adults. Kids are welcome though.

Hosted by City of Eugene

Thursday, May 3

UO Outdoor & Bike Program Gear Swap

5:30 pm 7:00 pm, UO Outdoor Program Barn (18th & University)

Sell, swap or buy outdoor and bike equipment. If you would like to sell your gear: \$5.00 a table if you pre-register at the Outdoor Program Barn or EMU Office, \$10.00 a table day of. Limited tables available.

General- Mostly intended for adults. Kids are welcome though.

Hosted by UO Bike Program

Planner's Pub with City of Eugene Urban Design: Chad Cramer

6:00 pm – 8:00 pm, Tap and Growler (207 E 5th Ave)

Join LiveMove and Chad Cramer at Tap and Growler to discuss urban design in Eugene. Chad recently joined the City of Eugene team after working for the City of New Orleans. Come for conversation and free food!

General- Mostly intended for adults. Kids are welcome though.

Hosted by LiveMove

Sunday, May 6

Bike and Hike the Buttes

10:00 am 4:00 pm, UO Bike Program, Erb Memorial Union, Room 008

Bike to the base and then hike to the summit of Spencer's Butte, then over and up Skinner's Butte for a Eugene Classic adventure! Bring your own bike or rent one from us ahead of time.

General- Mostly intended for adults. Kids are welcome though.

Hosted by UO Bike Program

It's Not Too Late to Learn to Ride a Bike

1:00 pm – 3:00 pm Willamalane Park (1276 G St, Springfield, LTD routes: 13, 18, 19)

Intended for kids and adults who have never learned to ride a bike or need to brush up on the basics, this is the perfect class for you. Our patient instructors will guide you through the process of balance, starting and stopping on your way to traveling on two wheels. Bring your own bike and helmet if possible. No training wheels. We will finish our day with a short neighborhood ride! Fee is \$4 for Springfield residents, \$6 out of area, registration is required.

Family Friendly- Adults are specifically encouraged to bring their children. Hosted by Willamalane Park & Recreation District & Springfield Safe Routes to School

BTP (Bike to Pizza)

5:00 pm 7:00 pm, Monroe Park (near restrooms)

Connecting neighbors to neighborhoods to good pizza arriving by bicycles. This is the first of a monthly event, leaving from Monroe Park in West Jefferson Neighborhood.

General- Mostly intended for adults. Kids are welcome though.

Hosted by Kerri's Neighborhood Bike Shop

Monday, May 7

[Ask A Mechanic: 1-1 Instruction For Your Tougher Bike Problems](#)

5:30 pm 7:00 pm, UO Bike Program, Erb Memorial Union, Room 008

Need some extra help with your bike? This is a hands-on bike maintenance class offered by the UO Bike Program designed to offer you individualized instruction. Bring your bike and your questions and get ready to learn.

[Sign-up Required](#). UO Student Cost: \$5/class, Community Cost: \$5/class plus \$5/day fee or \$25/yearly fee

General- Mostly intended for adults. Kids are welcome though.

Hosted by UO Bike Program

Tuesday, May 8

[Ankeny Wildlife Refuge](#)

9:30 am 2:00 pm, See link for location

Twenty-six mile ride from Ankeny Wildlife Refuge to City of Independence via Buena Vista ferry, then looping back to AWR.

General- Mostly intended for adults. Kids are welcome though.

Hosted by Obsidians

[Cycling the Danube in Germany & Austria – No Hills, No Flats](#)

The 200 miles between Passau and Vienna, most all on a designated bike path without cars, gives you the opportunity to experience the people and culture of Germany and Austria. It is a trip well suited for young adults to seniors and can be done on your own or as a guided adventure. Language problems are minimal, just enough to make it interesting! The food, beer and wine are fantastic. The trip includes cycling through the UNESCO World Heritage Cultural Landscape of Wachau. Throw in Bavarian villages, castles of yore and some Roman and Habsburg history and you will have a trip you will never forget. Join Jim Kress for an evening of stories and fun along with tips on how to make this trip a reality for you and your family or friends.

Free. [Registration Required](#)

General- Mostly intended for adults. Kids are welcome though.

Hosted by REI Eugene

Wednesday, May 9
National Bike to School Day

Bicycle/Race with Dr. Adonia Lugo

6:00 pm – 8:00 pm, Sam Bond's Foundry (540 E 8th Ave)

Join LiveMove and Dr. Adonia Lugo to discuss her upcoming book: "Bicycle/Race: Transportation, Culture, and Resistance". There will be a presentation on Wednesday evening and then a community ride Thursday. General- Mostly intended for adults. Kids are welcome though.

Hosted by LiveMove

Thursday, May 10

Women's Bike Maintenance Night

5:30 pm 7:00 pm, UO Bike Program, Erb Memorial Union, Room 008

Learn bike maintenance basics in this one-night, hands on class hosted by the UO Bike Program. Geared towards all self-identified women including trans women and non-binary people. No prior bike maintenance experience necessary! This is an opportunity to become acquainted with the Bike Program, the workspace, and basic bike maintenance.

Sign-up Required. UO Student Cost: \$5/class, Community Cost: \$5/class plus \$5/day fee or \$25/yearly fee

General- Mostly intended for adults. Kids are welcome though.

Hosted by UO Bike Program

Friday, May 11

Bike-in International Short Film Night

6:30 pm – 8:30 pm, UO Outdoor Program Barn (18th & University)

Join the UO Bike Program and campus partners for an evening of inspiring bike themed film shorts. Each film comes from a different part of the world made by an independent filmmaker. If weather permits, we will arrive by bike and enjoy the films under the stars. We will provide seating, but bring a camp chair if you have one. Did we mention popcorn? Cost: Free!

General- Mostly intended for adults. Kids are welcome though.

Hosted by UO Bike Program

Saturday, May 12

[4th Annual Family Safety Fair](#)

Here's a free, family event that benefits a great cause – you! LOTS of family fun, interactive games, and tons of safety give-aways. Look for the Safe Routes to School Traffic Garden and City of Eugene Vision Zero.

Family Friendly- Adults are specifically encouraged to bring their children.

Hosted by PeaceHealth, Safe Kids West Oregon and the Lane County Falls Prevention Coalition.

Sunday, May 13

[CycloFemme Ride](#)

1:30 pm – 3:30 pm

Springfield Ride – Willamalane Park Swim Center on G St.

Eugene Ride – Owen Rose Garden.

Both rides end at Island Park for joint celebration.

“CycloFemme is a socially-driven grassroots celebration of women on bikes. We are of a growing community, for a growing community. Our annual Mother’s Day ride unites riders, regardless of gender, age, ethnicity or bicycle preference to share in the joy of cycling. Everyone is welcome!

Ride with us in Springfield or Eugene on May 13, 2018 as we Honor the Past, Celebrate the Present, and Empower the Future of Women in Cycling.

Both rides will convene in Island Park at the end for a group celebration.

This year’s theme is bike bling, flowers, and temporary tattoos. You’re encouraged to decorate bikes with bling and flowers, and we’ll provide the tattoos. Bring a picnic lunch to the celebration!

Family Friendly- Adults are specifically encouraged to bring their children. Organized by Willamalane, City of Springfield, City of Eugene, Point2Point at LTD, UO Bike Program, & Eugene-Springfield Safe Routes to School

Monday, May 14

Get Your Bike Ready for Summer

5:30 pm- 8:30 pm, Campbell Community Center, 155 High St

This basic maintenance class will teach you skills to get ready for summer: how to do a safety check, repairing flat tires, brake tune-ups, adjusting your shifters, and more. Bring your favorite bike and dress to get grubby. Part of Campbell Bike Week.

18+ Only, intended for older adults

Hosted by City of Eugene Recreation

Tuesday, May 15

[Breakfast at the Bike Bridge; Peter Defazio Bridge](#)

7:00 am – 9:30 am SW side of Peter DeFazio Bridge

Breakfast at the Bridges is designed for path users and commuters to grab a quick bite to eat and a cup of coffee, meet City staff, learn more about transportation in Eugene, and get a bicycle safety check all at the same time. Enjoy:

- FREE breakfast of bagels, cream cheese and coffee provided by Full City Coffee Roasters, Bagel Sphere & Nancy's Yogurt
- FREE bike safety checks
- FREE Bike maps, bike bells and resources from the City of Eugene

This special kick-off event is part of the Business Commute Challenge and the “May is Bike Month” events.

Family Friendly- Adults are specifically encouraged to bring their children. Hosted by City of Eugene

[Free Cup of Coffee for Bikers](#)

8:30 am – 4:30 pm, Campbell Community Center, 155 High St

Coming to Campbell Center? Bike here and enjoy a free cup of coffee or tea on us.

General- Mostly intended for adults. Kids are welcome though.

Hosted by City of Eugene Recreation

[Cycles & Ciders: Bike Maintenance Basics Level 1](#)

7:00 pm- 8:30 pm, Wildcraft Cider Works NEW Ciderhouse, 232 Lincoln St.

If you ride a bicycle, then you need this class. In this informative session you will learn how to lube a chain, fix a flat tire in record time, and make other minor adjustments to your bicycle that will keep you riding smoothly and prolong your bike's life. No experience necessary! Note that this is a demonstration class; please do not bring your bike. The Cycles and Ciders series is a partnership with REI Eugene, [Wildcraft Ciderworks](#), and local REI Grant partner, the Disciples of Dirt Mountain Bike Club. During classes \$1 from the purchase of every pint will go to the Disciples of Dirt. Free Event, [Registration Required](#).

General- Mostly intended for adults. Kids are welcome though.

Hosted by REI Eugene

[How To Do a Multi-Day Bike Trip](#)

6:30 pm – 8 pm Campbell Community Center, 155 High St, Eugene Mary Joy and Dave biked from Florence, Oregon to Florence, Nova Scotia and they are going to share how they did it. Whether you want to do a simple overnight to a nearby campsite or dream of biking across the continent, you'll love this free presentation. Part of Campbell Bike Week.

General- Mostly intended for adults. Kids are welcome though.

Hosted by City of Eugene Recreation

Wednesday, May 16

Special Edition – Bike Riding for Fun & Fitness

10 am – 12 pm, Campbell Community Center, 155 High St.

Have you been looking for a bike group to join? Try out Campbell's free bike weekly group.

Riders go 10-20 miles at a relaxed pace with an emphasis on safety. Helmets required. Free – just drop in. 18+ Only, intended for older adults.

Hosted by City of Eugene Recreation

Tune Up Your Bike, Tune Up Your Body

12:00 pm – 1:30 pm, Eugene Park Blocks (8th & Oak)

It's spring time and it's time to get your bike (and your body) ready to ride! Join Stop Drop and Yoga for body tune-ups and DingDing Cycles for some bike tune-ups as well as other information booths to help gear you up for May is Bike Month and a full year of fun fitness and transportation.

General- Mostly intended for adults. Kids are welcome though.

Hosted by City of Eugene

Thursday, May 17

Public Works Day

10:00 AM – 3:00 PM, Public Works Yard, 1820 Roosevelt Blvd.

This annual open house is your chance to play in Tiny Town, climb big trucks, meet cool people and learn about all the ways that Public Works is active in our community! It's free, fun and educational for kids of all ages.

Family Friendly- Adults are specifically encouraged to bring their children.

Hosted by City of Eugene

Eugene Bike Mural Ride

10 am – 12 pm, Campbell Community Center, 155 High St.

Take a guided tour of the best of Eugene's public art by bicycle. Bring your own bike or rent one from the bike share station – helmets required. Register in advance by calling Campbell Center 541-682-5318. Part of Campbell Bike Week.

18+ Only, intended for older adults.

Hosted by City of Eugene Recreation

Mountain Biking 101

6:00 pm – 8:00 pm, UO Outdoor Program Barn (18th & University) Interested in trying mountain biking but aren't sure what you'll need, where to go, or who to ride with? Disciples of Dirt is joining the UO Bike Program for a presentation on the local mountain biking community, local trails, and how to get started. Cost: Free!

General- Mostly intended for adults. Kids are welcome though.

Hosted by UO Bike Program

Friday, May 18

National Bike to Work Day

Not Your Parents' Bike Day

9:30 am – 1 pm, Campbell Community Center, 155 High St.

Recumbents? Tricycles? Hand cycles? Electric assist? Bike Share? Try all these at this bike demo. Try out our amazing fleet of bikes for people who can't or don't want to ride standard bike frames. Part of Campbell Bike Week.

General- Mostly intended for adults. Kids are welcome though.

Hosted by City of Eugene Recreation

Wheels by the Willamette

4:00 pm – 6:00 pm, By the boat launch on the Northbank Path at Aspen and West D Street in Springfield

Wheels by the Willamette promotes walking and biking as transportation options. The event will feature free bicycle safety checks, bicycle and pedestrian materials, snacks, and refreshments to support and appreciate people walking and riding in our community. This event is part of May is Bike Month and the Business Commute Challenge.

Attendees will be able to speak with current Springfield Bicycle and Pedestrian Advisory Committee members about current walking and biking topics as well as learn more about volunteering with bike safety education rides in our community.

Family Friendly- Adults are specifically encouraged to bring their children.

Hosted by City of Springfield and point2point at Lane Transit District

Carbon offset compensation for Commute Challenge riders

4:00 PM – 6:30 PM, Ding Ding Cycles, 108 E 5th Ave

In the process of brewing and transportation, the average pint of beer produces 1/2 lb of CO₂. If you participated in the Business Commute Challenge, and rode at least 1 mile, you offset that carbon, and you deserve at least one beer! So register for the BCC, ride your bike to work, and, at the end of the week, join GEARS at Ding Ding Cycles and the David Minor Theater for a pint—on us! Oh, and did we mention, we'll be featuring locally-brewed beer from Claim 52, delivered by bicycle courtesy of the Cascadian Courier Collective?!

21+ only. Typically this is because the event takes place in a bar or is focused on adult beverages.

Hosted by Ding Ding and GEARS

Saturday, May 19

BicyClean

10 am – 2 pm, UO Outdoor Program Barn (18th & University)

Help the UO Outdoor Program and Bike Program clean up the river trails by bike! Breakfast, raffle and snacks provided. Bring your own bike, or rent one from us beforehand. Cost: Free General- Mostly intended for adults. Kids are welcome though.

Hosted by UO Bike Program

Kidical Mass to I-5 Path Ribbon Cutting

Meet at Fairmount Park at 10am or Holt Elementary at 10:30am

Ride to the ribbon cutting celebration for the new I-5/Beltline Path opening next to the Register Guard in North Eugene.

Family Friendly- Adults are specifically encouraged to bring their children.

Hosted by Safe Routes to School and Kidical Mass

I-5/Beltline Path Ribbon Cutting

11:00 AM – 12:00 PM, End of Old Coburg Road (just East of The Register Guard)

Join us for a celebration of Eugene's newest multi-use path connection! We'll be cutting the ribbon to the I-5/Beltline path at the north end of the newly constructed path and celebrating with giveaways, short speeches, and other fun. Join the City of Eugene, Oregon Department of Transportation, neighbors, and all off you, as we officially open this great new connection to North Eugene and we add another mile to Eugene's 46 miles of off-street paths.

Family Friendly- Adults are specifically encouraged to bring their children.

Hosted by City of Eugene and ODOT

Sunday, May 20

Family Ride: A Trail of Two Cities

9:00 am – 12:00 pm, Booth Kelly Trailhead (307 S 5th, Springfield)

Join Willamalane, Springfield Safe Routes to Schools and other partners, sponsors and vendors to help celebrate May is Bike Month. Meet at the Booth Kelly Trailhead for a smoothie and then ride along the Willamette River and discover how our communities are linked by beautiful and convenient paths. We will stop along the way to point out routes and destinations in both of our great cities.

Family Friendly- Adults are specifically encouraged to bring their children.

Hosted by Willamalane Park & Recreation District

Planner's Lunch with Emma Newman and Laughton Elliott-DeAngelis

1:00 pm – 3:00 pm, Washburne Café (326 Main St, Springfield)

Join Springfield's Senior Transportation Planner, Emma Newman, and Springfield Safe Routes to School coordinator, Laughton Elliott-DeAngelis to discuss active transportation in Springfield.

General- Mostly intended for adults. Kids are welcome though.

Hosted by LiveMove

Wednesday, May 23

[Bike in Shapes](#)

7:00 pm – 9:00 pm, Viking Braggot at Willamette & 25th

A community bicycle ride where we bike in shapes!

General- Mostly intended for adults. Kids are welcome though.

Hosted by Bike in Shapes

Thursday, May 24

[Bike Touring & Packing 101](#)

6:00 pm – 8:00 pm, UO Outdoor Program Barn (18th & University)

Want to go on a bike adventure or learn how to pack for a trip by bike? Join the UO Bike Program and experienced bike tourers to learn the ins and outs of bike touring and bike packing in the Pacific Northwest and beyond. Bring your route, gear, and logistics questions!

Cost: Free

General- Mostly intended for adults. Kids are welcome though.

Hosted by UO Bike Program

[Speaker's Series: Equiticity with Oboi Reed](#)

6:00 pm – 8:00 pm, Stellaria Building (150 Shelton McMurphey Blvd #104)

Join LiveMove and the Executive Director of Equiticity, Oboi Reed, to discuss equity in biking. "Equiticity is a racial equity movement. We move through time and space, programming and advocating for racial equity, increased mobility and racial justice to make lives better for Black, Brown and Indigenous people of color across the United States."

In addition to the main event, LiveMove will be hosting community bike rides and lunches. See the [LiveMove Facebook](#) page for more information.

General- Mostly intended for adults. Kids are welcome though.

Hosted by LiveMove

Friday, May 25

[Breakfast at the Bike Bridges: Delta Ponds Bridge](#)

7:00 am – 9:30 am, West Bank Path near the Delta Ponds Bridge Path Breakfast at the Bridges is designed for path users and commuters to grab a quick bite to eat and a cup of coffee, meet City staff, learn more about transportation in Eugene, and get a bicycle safety check all at the same time.

This signature summer event series celebrates the outdoors and encourages active transportation – especially walking and bicycling – to meet larger City goals, including: healthy living, sustainability and a vibrant business community. Breakfast at the Bridges features local advocacy organizations and local businesses who actively work toward these City goals.

Enjoy:

- FREE breakfast of bagels, cream cheese and coffee provided by Full City Coffee Roasters, Humble Bagels & Nancy's Yogurt
 - FREE bike safety checks
 - FREE Bike maps, bike bells and resources from the City of Eugene
- Family Friendly- Adults are specifically encouraged to bring their children.
Hosted by City of Eugene
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Sunday, May 27

[Full Moon Mountain Bike Ride to Denny's](#)

6:00 pm – 10:00 pm, UO Outdoor Program Barn (18th & Unviersity)

Bring your mountain bike and get ready for a wild night under the full moon with the UO Bike Program! Mountain bike is used loosely here. If your bike can ride on dirt and gravel trails, you're prepared for the intermediate ride down Moon Mountain. We will end at Denny's Diner for some late night breakfast for dinner.

Sign-up Required- UO Bike Program, Erb Memorial Union, Rm 008.

UO Student Cost: \$10Community Cost: \$10 plus \$5/day fee or \$25/year fee

General- Mostly intended for adults. Kids are welcome though.

Hosted by UO Bike Program

Tuesday, May 29

[Bike Friendly Business Movie Night](#)

6:30 pm – 8:00 pm, Springfield City Hall Library Meeting Room 225, 5th St. Springfield, OR 97477

Are you a restaurant, hotel, information center, bike shop, or retailer that offers services to visitors?

If so, join us for Bike Friendly Business Movie Night to learn about the benefits of bike tourism, how to be a bike friendly business, and for assistance submitting your free application to Travel Oregon for recognition. Businesses that submit their applications at the event will be entered into a raffle to win a free Bike Friendly Business sign. Food and refreshments will be provided. [Please RSVP by May 24](#)

Thanks to our event sponsors: City of Springfield, Springfield Chamber of Commerce, City of Eugene, Point2Point at LTD, Travel Lane County, and Travel Oregon.

General- Mostly intended for adults. Kids are welcome though.

Hosted by City of Springfield

Wednesday, May 30

[Tune Up Your Bike, Tune Up Your Body](#)

12:00 pm 1:30 pm, Eugene Park Blocks (8th & Oak)

It's spring time and it's time to get your bike (and your body) ready to ride! Join Stop Drop and Yoga for body tune-ups and DingDing Cycles for some bike tune-ups as well as other information booths to help gear you up for May is Bike Month and a full year of fun fitness and transportation.

General- Mostly intended for adults. Kids are welcome though.

Hosted by City of Eugene

[Planner's Pub: Advisory Bike Lanes with Michael Williams](#)

6:00 pm – 8:00 pm, Sam Bond's Foundry (540 E 8th Ave)

Join LiveMove and Michael Williams to discuss advisory bike lanes: a type of bike lane commonly used in the Netherlands. Visit LiveMove.org and our [Facebook page](#) for more information.

There will also be a community ride prior to the event.

General- Mostly intended for adults. Kids are welcome though.

Hosted by LiveMove

[Banks-Vernonia Cycling Recycling](#)

Overnight Trip, [See link for location](#).

The trip starts with a tour of a Materials Recycling Center in Salem where they separate our co-mingled recycling

– Twenty- mile bike ride in the McMinville area

– Overnight at the Best Western in Forest Grove (participants will pay upon arrival) – \$58 pp for shared room including breakfast

– Cycling the Banks-Vernonia rails to trails state park. Three possible rides; either 16, 28 or 42 miles roundtrip

Recommended for 21+ only.

Hosted by Obsidians

Thursday, May 31

[Griddles & Guidebooks: A EUGFun! Wrap Up of May is Bike Month](#)

7:30-10:30 am, Kesey Square, 10 E Broadway

Join us for a morning of free flapjacks, coffee and EUGfun!

Stop by on your way to work, school or after your morning bike ride and grab breakfast and a EUGfun! Guide.!