Aquatics

Class offerings will be curtailed if Lane County enters the Extreme Risk level for COVID-19. For up-to-date information see our website.

**Monthly Registration Dates**

- May 25  Tu  12p for activities  May 30-Jun 26
- Jun 22  Tu  12p for activities  Jun 27-Jul 31
- Jul 27  Tu  12p for activities  Aug 1-28
- Aug 24  Tu  12p for activities  Aug 29-Oct 2

**COVID-19 Protocols**

Pools will be operating in accordance with Oregon Health Authority guidelines for pools. All activities require prior registration to participate.

Masks must be worn throughout the facilities unless in the pool. We recommend coming to the pool ready to swim no earlier than 5-10 minutes before your reserved time.

Lockers will not be available; please bring your belongings on the pool deck. You will need to leave the facility within 5-10 minutes of your reservation end time. Shower stalls will be limited so plan accordingly.

For complete information please visit our FAQs.

**Pool Fees**

<table>
<thead>
<tr>
<th></th>
<th>Youth Ages 3-17</th>
<th>Adult Ages 18-59</th>
<th>Senior Ages 60+</th>
</tr>
</thead>
<tbody>
<tr>
<td>All Pools</td>
<td>$4.50</td>
<td>$5.00</td>
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**Admission Policies**: Some age restrictions apply. Children age two and under are free with a paid adult.

**Swim Diapers Policy**: City of Eugene swim facilities require swim diapers that are elastic fitting around the legs and waist for non-toilet trained individuals.
Activities

For up-to-date information please visit our website.

**Lap Swim** Ages 13+
Individual lanes and times available for lap swimming.

**Family Water Safety Classes**
Ages 6 months+ w/ adult
Beginner, intermediate and advanced water safety classes are available. Children registered for beginner or intermediate classes must be accompanied in the water by an adult ages 18 or older (one adult per child). Our water safety staff will teach classes from the pool deck while students practice their swimming and water safety skills in the pool. Also see page 11.

**Teen/Adult Water Safety Classes** Ages 13+
Intermediate and advanced level classes available. Our water safety staff will teach classes from the pool deck while students practice their swimming and water safety skills in the pool.

**Parent/Child Swims** All ages
Play and swim times open to all ages. Children must be registered with and accompanied in the water by an adult age 18 or older (one adult per child) or be able to pass a swim test.

**Deep Water Instructed Fitness** Ages 13+
Flotation support is provided to facilitate these great non-impact deep-water workouts. Total body immersion equals total body workout. All major muscles are strengthened with the added challenge of a cardiovascular fitness workout. Intensity levels are varied to accommodate your exercise needs. Further strength gains are offered by using hand-held buoyant-resistant equipment.

**On-Your-Own Fitness** Ages 13+
Space can be reserved in the pool for on-your-own fitness.

**Fitness Center**
Our fitness center offers cardiovascular equipment, including treadmills and stair masters, as well as weight equipment designed to work specific muscle groups.

Use of the fitness centers requires an orientation if you haven’t used the facility before, and we must have a signed consent form on file. Open to adults ages 18 or older.

- Youth ages 16 to 17 must have a guardian signed consent form on file.
- Youth ages 13 to 15 must have a guardian signed consent form on file and must have an adult present.
- Youth ages 12 and younger are not permitted to use the fitness centers.

Adapted Equipment Rentals

The following adapted recreation equipment is available for rent*:

- Beach wheelchair
- All-Terrain wheelchair
- Adapted bicycles and tricycles
- Handcycles
- Adapted golf carts

For more information and to rent any equipment, call 541-682-5311 or email recadaptive@eugene-or.gov.

* An assessment may be required to determine appropriate equipment.