



Senior Activities

Arts

Art for People Who Think They Are Not Creative

Come and enjoy using mixed media on paper. We'll start with colored and regular pencils, watercolor and oil pastels. Have you ever explored drawing with your non-dominant hand? It's one technique we will use which is relaxing and builds confidence. Come play with others and enjoy the results together in a supportive and non-judgmental setting. Required materials will be discussed in first class.

Campbell Community Center
 Instructor: Carlyn McCormack
 Jun 8-Aug 10 W 1-4p \$115 #20577

Artists & Crafters Studio

This workshop is an informal gathering of artists of all kinds. Enjoy a great studio space and great company every Tuesday. No instructor, bring your own supplies.

Campbell Community Center
 Ongoing Tu 1-4p #20307
 Term fee \$3 or drop-in fee \$0.25/day

Basic Woodworking

Learn safe and fun woodworking skills from a friendly shop instructor. This class is aimed at beginners or anyone who wants to learn their way around the Campbell Woodshop. Make a beautiful laminated cutting board or choose a different project. Required materials discussed in first class.

Campbell Community Center
 Instructor: Len Gould
 Jun 27-Aug 1 M 6-8:30p \$115 #20277
 Aug 8-29 M 6-8:30p
 Sep 6 Tu 6-8:80p \$115 #20278
 No class Jul 4

Open specifically to those who identify as female
 Instructor: Ron Peterson
 Jun 7-Jul 5 Tu 6-8:30p \$115 #20560

Call To Artists - Art In The Park

Artists are invited to apply for the second Art in the Park event, to be held Sept. 10 at Petersen Barn Community Center. This is a free event for both exhibitors and attendees. Artists in any fine art or fine craft medium are welcome to apply and artists may sell their work at the event. Application deadline is Aug. 31. For more info contact Janet at 541-682-6313 or email jwhitty@eugene-or.gov.

Campbell Woodshop

Open to adults who want to use a work space and tools for wood projects. Please sign in and pay at the front desk before you enter the shop.

Campbell Community Center
Ongoing M-F 9a-3p \$3/day Drop-in
No woodshop Jun 20, Jul 4

Second Saturday Woodshop

Registration required.

Jun 11	Sa	10a-2p	\$3	#20274
Jul 9	Sa	10a-2p	\$3	#20275
Aug 13	Sa	10a-2p	\$3	#20276

Chinese Brush Workshop

This group of independent Chinese brush painters meets each week to work on skills in an informal, drop-in workshop. No instructor. Prior experience is necessary. Bring your own materials.

Campbell Community Center
Ongoing M 1-4p #20267
Term fee \$2.75 or drop-in fee \$0.25/day
No class Jun 20, Jul 4

Dyed in the Wool Rug Hooking

Create beautiful rugs through this traditional craft. For information on cost and supplies contact Carol Fegles at 541-343-5896.

Campbell Community Center
Instructor: Carol Fegles
Ongoing 2nd & 4th Th 9a-12:30p Membership fee

Fiber Arts Guild

Come play with fiber from wool and paper to bamboo and silk and have fun in the process. New members may attend the first meeting free. Each month features a different fiber craft project. Meetings may have hands-on activities or presentations.



Campbell Community Center
Ongoing 3rd Tu 9a-1p
Membership \$20/year or drop-in fee \$5/meeting

Hand Stamped Card Making

Explore a wide range of techniques in making your own beautiful greeting cards. Make at least two cards per meeting in a variety of styles. Materials cost \$2 per card.

Campbell Community Center
Instructor: Lynne Campbell
Jun 27-Aug 8 M 1-3p \$65 #20647
No class Jul 4

Paper & Printmaking

Make your own paper and carve relief prints to create unique designs, stationary, cards and collages.

Campbell Community Center
Instructor: Kailey Ruiz
Jun 7-Aug 9 Tu 9:30-11:30a \$105 #20232

Quilting, Comforts for Kids

Help make quilts and quilt kits for individuals and community groups to pick up, put together and return for distribution to at-risk children in Lane County through 15 community agencies and shelters. If you like quilting, cutting and sewing, help your community by joining this group.

Campbell Community Center
Ongoing Th 12:30-4p Free Drop-in

Sumi-e Ink Painting, Advanced

Train the eye and sensibility to see beyond the hard lines of typical painting and into a deeper more sensual way of experiencing the beauty of the world. This class is designed for painters with experience in sumi-e. We will explore traditional sumi-e themes and broaden our skill base in ink painting and Japanese watercolor and wash. Always fun, this art form allows each painter to gain insight and skill into their unique way of seeing and expressing themselves through art with others. Required materials will be discussed in first class.

Campbell Community Center
Instructor: Cathy Williams
May 19-Jun 23 Th 1-4p \$75 #20305
Jul 21-Aug 25 Th 1-4p \$75 #20306

Watercolor & Ink

All levels welcome. Explore ink with Japanese brushes and different types of watercolors both indoors and, weather permitting, outdoors. Needed supplies discussed during the first class.

Campbell Community Center
Instructor: Carlyn McCormack
Jun 10-Aug 12 F 9a-12p \$115 #20579

Community Services

Senior Law Service Ages 60+

Senior Law Service offers free legal service to those with low to modest income. Assistance will be provided concerning any legal matter – housing, financial or personal.

Campbell Community Center
Ongoing Sa 9-11a Free By appt
To schedule an appointment call 541-682-5318

SHIBA Appointments

Senior Health Insurance Benefits Assistance conducts one-on-one appointments with individuals to answer questions about Medicare health insurance coverage, forms and more.

Campbell Community Center
Ongoing M 1-4p Free By appt
To schedule an appointment call 541-682-5318

Games

American Mah Jongg

Gather weekly to play American mah jongg.

Campbell Community Center
Ongoing Th 1-4p \$0.25 Drop-in

Bingo

Penny bingo is played every Wednesday. New players are always welcome!

Campbell Community Center
Ongoing W 1-4p Drop-in
\$0.25 per person, plus a penny per card per game



Bridge

This group meets each week. Partners aren't required.

Campbell Community Center
Ongoing F 12:15-3:30p \$2 Drop-in
No bridge Jun 10

Bridge Tournament

This annual tournament is always lots of fun with prizes, with refreshments and friendly competition. Sign up at Campbell Community Center by June 6 with a partner, or you will be matched with a partner if you register as a single. Please call 541-682-5318 if you can't attend at the last minute.

Campbell Community Center
Jun 10 F 12:30-4p \$7
Tournament fee, cash only, due in advance

Chess Nuts

Chess can help you build your concentration abilities, self-confidence and mental planning. Beginners and experienced players are welcome to participate in friendly competition.

Campbell Community Center
Ongoing W 9a-12p \$0.25 Drop-in

Men's Poker

Join your neighborhood gentlemen for a friendly game of poker. Open to adults who identify as male.

Campbell Community Center
Ongoing M 9a-3p \$0.25 Drop-in
No poker Jun 20, Jul 4

Pinochle

Enjoy a game or two of pinochle with area seniors. Newcomers welcome.

Campbell Community Center
Ongoing F 1-4p \$0.25 Drop-in
Petersen Barn Community Center
Ongoing MF 12:45-4p \$0.25 Drop-in
No pinochle May 30, Jun 20, Jul 4

Pool Hall

The pool room is open daily. Come down for a friendly game.

Campbell Community Center
Ongoing M 8:30a-7p
Tu-F 8:30a-4:30p \$0.25 Drop-in
No pool Jun 20, Jul 4

Scrabble

Exercise your mind and have fun playing Scrabble with others.

Campbell Community Center
Ongoing Tu 1-4p \$0.25 Drop-in

Scrabble, Cribbage, Skip-Bo & More

Are you somewhere between bingo and bridge? Try Scrabble, cribbage and Skip-Bo. We'll alternate these games in a regular pattern in this friendly group.

Campbell Community Center
 Ongoing W 1-4p Drop-in
 Term fee \$4 or drop-in fee \$0.25/day

Table Tennis

Table tennis is the perfect game because it provides exercise, recreation and a social outlet. Play in a friendly atmosphere open to all skill levels. Players are encouraged to bring their own paddle.

Amazon Community Center
 Jul 8-Sep 2 MF 12-3:30p \$0.50 Drop-in
 Beginning players 12-1:45p, open to all 1:45-3:30
 No table tennis Jun 20, Jul 4

Languages & Culture

French, Beginning

Introduce yourself to reading, writing and speaking French. The emphasis is on small class sizes and conversation with some exploration of French culture. Required materials discussed at first class.

Campbell Community Center
 Instructor: Amey Herman
 Jun 15-Aug 31 W 9a-12p \$172 #20205

French, Lower Intermediate

Move beyond basic French in these fun and interesting classes. Learn more advanced reading, grammar and writing with an emphasis on conversation and culture. Required materials discussed in first class. To determine your level, call 541-682-5318.

Campbell Community Center
 Instructor: Amey Herman
 Jun 15-Aug 31 W 1-4p \$172 #20206

French, Upper Intermediate

Venez perfectionner votre français en explorant la culture française, en conversant sur les subtilités de la grammaire, les tournures de phrases et idiomes, et par une interaction à la fois active, intéressante et amusante.

Campbell Community Center
 Instructor: Amey Herman
 Jun 16-Sep 1 Th 1-4p \$172 #20207



Italian, Beginning

This class will introduce you to the Italian language and culture with a focus on basic conversation skills, useful vocabulary and phrases for the traveler. Small class sizes allow for individual attention. Required materials will be discussed in first class.

Campbell Community Center
 Instructor: Sied Imani
 Jun 13-Aug 29 M 12-2:30p \$142 #20264
 No class Jun 20, Jul 4

TRIPS OF A LIFETIME



Amish Country



Canadian Rockies



Italy

- Amish Country Getaway May 9-16, 2022
- Reflections of Italy Sept 12-21, 2022
- East Coast Southern Charm Holiday Dec 4-10, 2022
- Canadian Rockies Late Summer 2023

For the latest updates and information about these incredible trips, contact Diane Sconce at 541-682-6392.

Senior **Activities**

Italian, Intermediate

Learn Italian language and culture with a focus on conversation, verbs and tenses in a small class setting. Required material discussed in first class.

Campbell Community Center
Instructor: Sied Imani
Jun 13-Aug 29 M 9-11:30a \$142 #20266
No class Jun 20, Jul 4

Spanish, Beginning

This fun course will introduce you to the Spanish language and culture while teaching you how to ask questions and comprehend basic information. You'll learn helpful vocabulary and phrases for traveling in a small class. Required materials discussed in first class.

Campbell Community Center
Instructor: Sied Imani
1st term
Jun 13-Aug 29 M 6:30-8:30p \$96 #20258
Jun 14-Aug 30 Tu 9-11a \$115 #20256
No class Jun 20, Jul 4
2nd term
Jun 16-Sep 1 Th 11a-1p \$115 #20257

Spanish, Intermediate

This course is a continuation of Spanish, Beginning with an emphasis on vocabulary and grammar. With small class sizes, you'll improve pronunciation and increase comprehension of the language through a guided dialogue. Required materials discussed in first class.

Campbell Community Center
Instructor: Sied Imani
Jun 14-Aug 30 Tu 11:30a-1:30p \$115 #20259
Jun 15-Aug 31 W 6:30-8:30p \$115 #20260

Spanish, Advanced

Go beyond the basics in this class. You'll learn to easily speak Spanish, develop your skills using proper grammar and have some fun too. Small class size guarantees you'll have plenty of personal attention. Required materials discussed in first class.

Campbell Community Center
Instructor: Sied Imani
Jun 14-Aug 30 Tu 2-4p \$115 #20262

Music

Acoustic Music Jam

This non-amplified musical group is for individuals who play a stringed instrument or harmonica and enjoy playing music with others. Bring your instrument and join in. Acoustic instruments only.

Campbell Community Center
Ongoing Th 10a-12p #20190
Term fee \$3 or drop-in fee \$0.25

Drum Play

Lightweight frame hand drums are provided to enhance the natural rhythms of breath, nature and vitality. Enjoy drumming in spontaneous ways with a music therapist and an international musician. Live. Laugh. Drum.

Campbell Community Center
Instructors: Le Allen & Fergul Cirpan
Jun 24-Jul 29 F 2-3:30p \$25 #20745

Presentations

All presentations are for ages 50+
All presentations are free, but registration is required

ABCs of Medicare

Learning about Medicare can feel like looking into a bowl of alphabet soup. To get the coverage that's best for you, it's important to know your choices and understand Medicare's four basic parts and what each covers.

Campbell Community Center
Presenter: Kristy Henning, licensed insurance agent
Jun 1 W 1-2p Free #20673
Presenter: Scott Littlejohn, licensed insurance agent
Aug 26 F 11a-12p Free #20674

Home Sharing: Community Begins at Home

Have you experienced isolation or financial strain? Home sharing can turn your extra room into additional income, companionship and more. Learn why home sharing is the solution that brings us together!

Campbell Community Center
Presenter: Judy C. Smith, area representative, Home Share Oregon
Jun 17 F 10-11a Free #20718

Advance Directives

Complete the form "Advance Directive to Physicians" and "Appointment of Health Care Representative." Forms are provided. The advance directive tells health care workers what level of life support and care you wish to receive. Register early, space is limited.

Campbell Community Center

Presenter: Bill Atwood, attorney

Jun 21	Tu	2:30-4p	Free #20367
Aug 16	Tu	2:30-4p	Free #20368

Digestive Health 101

An unhealthy gut has been linked to worsening overall health, including increased risk for diabetes, obesity, autism, depression and anxiety. Learn the ins and outs of supporting digestive health and digestive comfort.

Campbell Community Center

Presenter: Yaakov Levine, nutritional health coach, Natural Grocers

Jun 24	F	2-3p	Free #20666
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Decluttering & Downsizing

Is your home starting to feel jumbled and overwhelming? Has clutter been building up over the years? Learn tips and tricks to clear and organize any space, big or small. Whether your goal is downsizing, freshening your current living space or just breathing easier, we can help you get there.

Campbell Community Center

Presenters: Leah Volkov & Sarah DeBell, The REALty Sisters RE/MAX, and Gina Crafton, Willow Design & Staging

Jun 27	M	2-3p	Free #20739
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Living with Alzheimer's & Other Dementias

The impact of Alzheimer's disease is growing. Through this series of classes, the Alzheimer's Association hopes to raise awareness in the community and bring education for those affected, their care partners and loved ones.

Campbell Community Center

Presenter: Alzheimer's Association

Understanding Alzheimer's and Dementia

Alzheimer's affects people in varying ways and ripples out to affect the lives of those who interact with them.

Understanding what is happening to a person with Alzheimer's is key to interacting effectively and providing quality care. This class includes information from expert professionals in the field and first-hand accounts from people diagnosed with Alzheimer's disease.

Jun 27	M	9-10:30a	Free #20746
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The 10 Warning Signs of Alzheimer's

This education program will help you recognize common signs of the disease in yourself and others and next steps to take, including how to talk to your doctor.

Jul 11	M	10-11a	Free #20671
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Dementia Conversations

If you know someone who is experiencing changes in memory, thinking and behavior, this education program provides tips and strategies for difficult but important conversations about changes that may be related to dementia.

Aug 15	M	10-11a	Free #20672
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Estate Planning

A presentation and discussion session on wills, trusts and designated beneficiaries in estate planning. Register early, space is limited.

Campbell Community Center

Presenter: Bill Atwood, attorney

Jul 19	Tu	2:30-4p	Free #20369
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Protect Your Skin from the Inside Out

You can have it all, fun in the sun and healthy skin! All it takes is good food, a bit of nutrition savvy and a cloudless day.

Campbell Community Center

Presenter: Yaakov Levine, nutritional health coach, Natural Grocers

Jul 29	F	2-3p	Free #20668
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Demystifying Fats

Fats have been blamed for our declining health since the 1950s but are they really the villains they've been made out to be? Discover why fats are essential to health and why nutrient dense high-fat foods should be part of a healthy diet.

Campbell Community Center

Presenter: Yaakov Levine, nutritional health coach, Natural Grocers

Aug 26	F	2-3p	Free #20669
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Social Gatherings

Strawberry Social

Fresh Oregon strawberries will be paired with tasty biscuits – an unbeatable duo! Bring your friends and enjoy a delightful afternoon.

Petersen Barn Community Center
Jun 9 Th 2-3p \$3 #20299

Blueberry Bash

We start with fresh Oregon blueberries and bake them into a homemade cobbler topped with vanilla ice cream. It's the start of a wonderful afternoon.

Petersen Barn Community Center
Jul 7 Th 2-3p \$3 #20300

Newcomers Social

This is your opportunity to find out what Campbell Community Center is all about. Join staff and volunteers for information about the variety of programs, services, trips, classes and activities offered and take a tour of the center.

Campbell Community Center
Jul 15 F 2-3p Free #20251

Campbell Center Neighborhood Ice Cream Social

What better way to celebrate summer than with ice cream? Join your friends in the Campbell Community Center neighborhood for a delicious summer treat. Life is like ice cream, enjoy it before it melts!

Campbell Community Center
Aug 25 Th 5-6:30p Free Drop-in

Lunch Bunch

A weekly social lunch. Menus vary, call the day ahead to request a vegetarian option. Every fourth Wednesday of the month is a birthday celebration. Each luncheon is followed by penny bingo.

Campbell Community Center
Ongoing W 12p \$6 Drop-in

Special Interest

Book Givers Group

Join the group for conversation and to repair children's books. The books are delivered to nonprofit organizations providing shelter, food and services for families. No experience necessary, just a willingness to volunteer.

Campbell Community Center
Ongoing M 10a-12p Free Drop-in
No group May 30, Jun 20, Jul 4

Checkrite Electronics Repair

Bring a small appliance or electronic device for repair or advice on usage.

Campbell Community Center
Instructor: Ken Check
Ongoing 3rd W 11a-12p Free By appt
To schedule an appointment call 541-682-5318

Petersen Barn Community Center
Instructor: Ken Check
Ongoing 1st M 1-1:30p Free By appt
No Checkrite in July, Sept is 2nd M
To schedule an appointment call 541-682-5521

Creative Writing Workshop

Would you like to be a better writer? Would you like to write a critique, a poem, story or essay? Weave a web, tell a tall tale? Write about your life as a kid? Join a peer led writing group and enjoy as you improve your writing.

Campbell Community Center
Jun 2-Jul 14 Th 1-3p \$5 #20185
Jul 21-Sep 1 Th 1-3p \$5 #20751

Campbell Center Book Club

Like to read? Like to visit? The club meets to discuss story lines, authors and what the next book will be. New members are welcome. You can choose to stay after for Lunch Bunch.

Campbell Community Center
Instructor: Betsy Janeczek
Jun 15, Jul 20, Aug 17 W 10:30-11:30a \$0.25 Drop-in

The Art & Science of Retirement

Join a peer-led discussion group on the issues and questions about going into retirement. We will use examples of ways to think about and possibly find solutions for the issues. This is a low-stress group environment for those close to, or newly in, retirement and for those already retired who have experience and information to share.

Campbell Community Center
Jun 9-Aug 4 Th 9-10a #20230
Term fee is \$3 or drop-in \$0.25/day

The Wisdom Exchange Ages 55+

Take part in a facilitated discussion group. Topics will range from health and wellness to current affairs. For adults who identify as female, this program endeavors to provide a safe space for senior women to share their thoughts, opinions and experiences with other women. Registration required.

Petersen Barn Community Center
 May 10-Jun 21 Tu 2:30-3:45p Free #20412
 Jul 12-Aug 23 Tu 2:30-3:45p Free #20413
 No group Jul 26

Writing Your Memoir

Learn the techniques and skills to write stories about your life. This group of dedicated writers meets weekly to critique and improve each other's writing.

Campbell Community Center
 Instructor: gael Doyle-Oroyan
 Jun 7-Aug 9 Tu 1-3p \$77 #20271

Support Groups

ALS Support Group Ages 21+

This group is for people living with Lou Gehrig's disease, families, caregivers and friends. Meetings are free, offer speakers on relevant topics and are designed to share information as well as strategies for preserving independence and quality of life. For more information call Mary Rebar at 541-990-1246 or email mary.rebar@alsolegon.org.

Virtual
 Ongoing 2nd W 3-4:30p Free Drop-in

More support groups are on pages 11-12

Technology

All classes are for ages 18+

Campbell Computer Lab

Use one of the computers in the Campbell Community Center Lab. There is no charge, so the price is right.

Campbell Community Center
 Ongoing M-F 9:30a-12:30p Free Drop-in
 No lab Jun 20, Jul 4

Computer & Mobile Device Tutoring

Set up an hour-long in-person appointment to get help with your computer or mobile device. Improve your skills using email, the internet, word processing, managing files and

more. You can also get help solving problems with your computer or laptop.

Campbell Community Center
 Instructor: Bryan Haynes
 Ongoing M 1-3p \$25/hour By appt
 To make an appointment call 541-682-5318
 No tutoring Jun 20, Jul 4

How to Use Facebook

Use this powerful tool to learn about the world and stay close to your friends and family.

Campbell Community Center
 Instructor: Bryan Haynes
 Jun 14 Tu 2-4p \$12 #20352

Smartphone Workshops

Bring your own phone for these focused workshops. Set up and bring all your passwords to class.

Campbell Community Center
 Instructor: Bryan Haynes

Sending Photos with Your Phone

Master this surprisingly challenging skill.

Jun 23 Th 2-4p \$12 #20363
 Aug 2 Tu 2-4p \$12 #20364

Downloading Apps, eBooks & Music

Unlock the full potential of your phone by learning how to download apps, eBooks and music.

Jun 28 Tu 2-4p \$12 #20356

How to Search the Internet

Learn how to do basic internet searches on your phone or laptop. Desktop computers are available.

Jul 7 Th 2-4p \$12 #20366

How to Use Zoom

Turn your phone into a video communication tool.

Jul 14 Th 2-4p \$12 #20362

Using Your Phone's Camera

Learn about your phone's camera so you can take a great photo.

Jul 26 Tu 2-4p \$12 #20365

Urban Homesteading

Urban Homesteading classes are on pages 50-51

Trips



Some trips may be modified or canceled depending on COVID restrictions.

Dates	Day	Time	Title	Charge	Page	Meet At
Jun 7	Tu	11:30a-2:30p	Tru Form Tiny Homes	\$15	70	Campbell
Jun 10	F	9:30a-2:30p	Willamette Confluence Preserve	\$5	70	Campbell
Jun 11	Sa	9a-2:30p	Minto Island Tea Tour	\$27	71	Campbell
Jun 16	Th	9:45a-4p	Art in the Capitol	\$30	71	Pete Barn
Jun 21	Tu	9a-2:30p	Ankeny Wildlife Refuge	\$26	71	Campbell
Jul 7	Th	9a-1p	Green Island	\$5	71	Campbell
Jul 9	Sa	8a-6p	Sisters Outdoor Quilt Show	\$41	71	Campbell
Jul 10	Su	9a-5:30p	Willamette Valley Lavender Festival	\$38	71	Campbell
Jul 15	F	11a-3p	Shady Oaks Plants & Produce	\$18	71	Pete Barn
Jul 26	Tu	9a-3p	Talking Waters Gardens & Carousel	\$26	72	Campbell
Aug 4	Th	9a-3p	Mystery Trip	\$28	72	Campbell
Aug 17	W	9a-4p	Giant Dune Buggy Ride	\$49	72	Pete Barn
Aug 18	Th	8a-6:30p	Aeroplane & Automobile Museum	\$63	72	Campbell
Aug 29	M	9:30a-4p	Canby Dahlia Festival	\$34	72	Pete Barn
Aug 30	Tu	9:30a-3:30p	Oregon State Fair	\$24	72	Campbell
Sep 12-21	Overnight		Italy Reflections	Varies	72	Campbell
Dec 4-10	Overnight		Southern Charm Holiday	Varies	73	Campbell

Activity Level Ratings

- Level 1** Little walking. OK for those with walkers, wheel-chairs or walking difficulties.
- Level 2** Moderate walking. Similar to that at a shopping center or large museum.
- Level 3** Walking of 1-2 miles (1-1.5 hours), as on a walking tour of gardens or the zoo. May be steps or hills.
- Level 4** Walking of 3-6 miles on moderate trails. May be rough, hilly or at higher altitude. Access to medical help may be limited.
- Level 5** Long hikes of 5+ miles. May be very rough, hilly or high altitude. Access to medical help may be limited.

Consult your physician before participating in any trips/activities to be sure they are appropriate for you. Weather and/or trail conditions may change unpredictably. These levels are approximations only; your experience may vary.

Trip Policies

Fees include bus transportation, leadership and insurance, unless noted otherwise. Meals and admission to venues are not included in the fee unless noted otherwise in the description. Every attempt is made to follow the itinerary; if circumstances beyond our control do not allow that to happen, no refunds will be given.

Tru Form Tiny Homes Tour

Tru Form Tiny Homes are built right here in Eugene. Tour the factory with the owner and see the love of work and pride in these beautiful tiny homes. It's an amazing use of space and exquisite architecture in each home. A late lunch with good conversation will finish out our day. Purchase your own lunch.

Meet at Campbell Community Center
 Jun 7 Tu 11:30a-2:30p \$15 #20464

Willamette Confluence Preserve/ Green Island

Join McKenzie River Trust and Friends of Buford Park on two different small bus tours of the Willamette Confluence Preserve and Turtle Flats near Mount Pisgah and Green Island north of Coburg. These two properties offer opportunities for preserving and restoring a dynamic and ecologically diverse river system. During the tours, volunteers and McKenzie River Trust staff will lead visitors around much of the preserves, highlighting conservation efforts, human history and natural features. This tour is intended for people who are unable to walk the 4 miles typically required. Bring a lunch and water, dress for the

weather and consider bringing a portable chair and binoculars. An ADA accessible toilet will be available approximately halfway through the tour, but no other bathroom facilities will be available.

Meet at Campbell Community Center
 Willamette Confluence Preserve Tour
 Jun 10 F 9:30a-2:30p \$5 #20375
 Green Island Tour
 Jul 7 Th 9a-1p \$5 #20376

Minto Island Tea Tour 3

Walk the Minto Island Tea Company's 30-year-old Mother tea plot and its expansion plots to see the tea plants growing in the fields. See how they cultivate and cut the leaves to produce their signature teas. Taste the varieties and perhaps purchase some to take home. A unique, one-of-a-kind event of the only tea growers in Oregon. Purchase your own lunch.

Meet at Campbell Community Center
 Jun 11 Sa 9a-2:30p \$27 #20465

Art in the Capitol 3

It's off to Salem to take in some Pacific Northwest, national and international art. There will be stops at the Hallie Ford Museum of Art – which is Oregon's third largest art museum – the Bush Barn Art Center featuring artists from the Northwest and beyond, and Salem on the Edge Art Gallery exhibiting works by PNW artists in a variety of media. Purchase your own lunch and admission to the Hallie Ford Museum of Art (\$4-6).

Meet at Petersen Barn Community Center
 Jun 16 Th 9:45a-4p \$30 #20530

Ankeny Wildlife Refuge 3

A special treat for you as we explore the newly opened Ankeny Hill Nature Center at the Ankeny National Wildlife Refuge. Walk the hiking trails, see the natural play area and explore the new nature center. Plenty of trails for all abilities to look for all the wildlife and nature. Purchase your own lunch.

Meet at Campbell Community Center
 Jun 21 Tu 9a-2:30p \$26 #20466

Sisters Outdoor Quilt Show 3

Come spend the day viewing over 1300 quilts as the town of Sisters splashes its sidewalks and storefronts with these works of arts. Explore the town at your own pace and dazzle your eyes with all the beautiful colors at the world's largest outdoor quilt show. Purchase your own lunch.

Meet at Campbell Community Center
 Jun 9 Sa 8a-6p \$41 #20269



Willamette Valley Lavender Festival 3

The smell of lavender will fill the air at the Willamette Lavender Festival. Along with the smells, enjoy the plein air art show, unique crafts and local lavender growers. You will be able to purchase fresh cut lavender and sample lavender infused products as you explore the show. Purchases are on your own.

Meet at Campbell Community Center
 Jul 10 Su 9a-5:30p \$38 #20467

Shady Oaks Plants & Produce 1/2

Enjoy a visit to Shady Oaks Plants and Produce family farm in Cottage Grove. Eat lunch in the garden, then it's off to wander greenhouses full of plants and hanging baskets, peruse produce and fresh baked goods and visit with farm animals. Purchase your own lunch and extras.

Meet at Petersen Barn Community Center
 Jul 15 F 11a-3p \$18 #20531



Senior Activities

Talking Water Gardens & Albany Carousel

Talking Water Gardens is engineered to cleanse and restore water to support the Willamette River. Tour through the path and see how they created water cells to cleanse and cool the water from a nearby manufacturer. The area is a living laboratory to view the processes of water as it flows through waterfalls and weirs. After lunch, an opportunity to see the Albany Carousel and see the new animal carvings and perhaps take a spin if you are willing! Purchase your own lunch and carousel ride.

Meet at Campbell Community Center

Jul 26 Tu 9a-3p \$26 #20468

Mystery Trip

Will you go north, south, east, west? Come along with us because this trip is the best! Everyone loves a good mystery and will you be able to figure out the clues to where you will be going? Purchase your own lunch.

Meet at Campbell Community Center

Aug 4 Th 9a-3p \$28 #20469

Giant Dune Buggy Ride

Giant dune buggy tours are a scenic way to see the Oregon Dunes with a touch of excitement. This one-hour ride will cover dunes and beach and will be an unforgettable experience. Purchase your own lunch. Dune buggy ticket price included in trip fee.

Meet at Petersen Barn Community Center

Aug 17 W 9a-4p \$49 #20534



Western Antique Aeroplane & Automobile Museum

The museum has one of the largest collections of antique aeroplanes, automobiles, tractors and motorcycles in the country. Located in Hood River, you will be amazed at more than 150 vehicles on display. There is something that will interest and intrigue you as you head down memory lane and marvel at these machines of wonder. If you like anything that moves, then this is the trip for you. Purchase own admission (\$17) and lunch.

Meet at Campbell Community Center

Aug 18 Th 8a-6:30p \$63 #20470

Canby Dahlia Festival

The festival at Swan Island Dahlias is a rainbow of color with nearly 40 acres of dahlias and 375 varieties. At the festival you'll have time to wander the dahlia fields, purchase cut flowers, visit the gift shop featuring local treasures and more. Bring a sack lunch; cold drinks may be purchased on site.

Meet at Petersen Barn Community Center

Aug 29 M 9:30a-4p \$34 #20542

Oregon State Fair

Fun in the sun as you frolic at the Oregon State Fair filled with food, fun, friends and furry critters! This is your chance to explore the largest and oldest fair in Oregon. What will be the newest culinary delight this year? What entertainment will you watch? Purchase your own fun and fair admission (\$1).

Meet at Campbell Community Center

Aug 30 Tu 9:30a-3:30p \$24 #20471

Reflections of Italy with Collette Tours

The perfect time to go to Italy! Highlights include: a locally guided tour of classical Rome; view the Arch of Titus and take in the rich history of the city. Optional tour of the Vatican and St. Peter's Basilica. Take a walking tour of Assisi,



birthplace of St. Francis. Explore the medieval city of Perugia. Head through Tuscany's low lying hills to the Etruscan city of Cortona. See Michelangelo's David. Explore Florence's cultural treasures. Partake in a Chianti winery and cooking class. See Venice from the water and take a boat to Murano Island. Optional bucket list – gondola ride on the Venice canals. Tour Milan's fashion district and much, much, more! Cost includes round-trip airfare from Eugene, taxes, hotel, transfers, 10 days and 12 meals. For more information or to request brochure, call Diane at 541-682-6392.

Register through Campbell Community Center
 Sep 12-21 Single \$5249, Double \$4549
 Save \$150 now, for bookings after Apr 27 call for rates
 Reserve now with a \$600 deposit; final payment due Jul 15
 Trip insurance available for \$399
 All rates are per person & subject to change

Southern Charm Holiday with Collette Tours 🇺🇸

A holiday getaway to get you in the holiday mood. Highlights include: historic Charleston, Boone Hall Mansion and Gardens, James Island holiday display, Savannah, St. Simons Island lighthouse and museum, two night stay on Jekyll Island, Golden Isles cruise and holiday magic everywhere! Cost includes round-trip airfare from Eugene, taxes, hotel, transfers, seven days and nine meals. For more information or to request brochure, call Diane at 541-682-6392.

Register through Campbell Community Center
 Dec 4-10 Single \$3649, Double \$2949



Save \$100 now, for bookings after Jun 4 call for rates
 Reserve now with a \$600 deposit; final payment due Oct 5
 Trip insurance available for \$299
 All rates are per person & subject to change

Collette Trip Presentation

This is an opportunity to hear all about our upcoming "Trips of a Lifetime" with Collette Tours. The Collette representative be here to give you all the details and answer all your questions. Come hear about the new trips and adventures coming up – Reflections of Italy in September and Southern Charm Holiday on the east coast for December. Your next adventure awaits you! For more information please call Diane at 541-682-6392.

April 26 Tu 10:30-11:30a Free #20808



VOLUNTEERS NEEDED!

FUN opportunity awaits you at a City of Eugene Pool!

Plunge in with your skills and create waves of success with youth with disabilities as they learn water safety and beginning swim skills.

Questions or to apply:

Adaptive Recreation
 541-682-5311
 recadaptive@eugene-or.gov



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