



Adult Swimming

Echo Hollow & Sheldon Fees

Not valid at
Amazon Pool

	Single Visit	10 Visit Pass	30 Day Pass
Youth (ages 3-17)	\$3.50	\$28	\$33
Adult (ages 18+)	\$4.00	\$34	\$42
Family*	\$9.00	\$67	\$80
Adult Fitness Classes	\$5.00	\$40	\$42

Some age limits apply. Passes not valid for special events.

*Additional charges for more than 5 people.
Not valid for fitness classes.

Amazon Fees

Opens May 22 for lap swim only. For hours & fees please see GetRec.org/amazonpool or call 541-682-5314.

10 Visit Pass: Good for 10 visits. Purchase at any facility. Purchase 10 passes and get one free 30-day pass!

30 Day Pass: Good for 30 consecutive days from date of purchase. Gives you access to all recreation swims, spas, parent/child swims, lap swims, fitness classes & fitness centers. Purchase 10 passes and get one free 30-day pass!

Admission Policies: All admissions include access to lap swims, recreation swims, spas, and fitness centers, as available. Some age restrictions apply. Children age two and under are admitted free with a paid adult. Fitness classes may be attended on a drop-in basis as space permits. Family passes do not include fitness classes.

Swim Diapers Policy: City of Eugene swim facilities require reusable swim diapers that are elastic fitting around the legs and waist for non-toilet trained individuals. No disposable swim diapers in the water.

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Hours & Info

Lap Swim

No matter what your level is, we have a lane for you! Lap lanes are available for slow, medium and fast swimmers. Children ages 12 and younger must be accompanied by an adult.

Echo Hollow Pool, Jan 2-Jun 15

Indoor Pool	Outdoor Pool
M-F 5:30-8:30a 11:30a-1p	TuTh 5:30-8:30a M-F 11a-1p
M-Th 7-8p	Su 11a-3p
F 5-8p	
Su 11a-1p	

Sheldon Pool, Jan 2-Jun 15

MWF 5:30-6:30a
M-F 7-8:15a 11a-1:30p
MWF 5:15-6:30p
TuTh 7:30-8:30p
Sa 9a-12p

Fitness Centers

Our fitness centers offer cardiovascular equipment including treadmills and stair masters, as well as weight equipment designed to work specific muscle groups.

Use of the fitness centers requires an orientation if you have not used the facility before, and we must have a signed consent form on file. Open to adults age 18 or older.

- Youth age 16 to 17 must have a guardian signed consent form on file.
- Youth age 13 to 15 must have a guardian signed consent form on file and must have an adult present.
- Youth age 12 and younger are not permitted to use the fitness centers.

Echo Hollow Pool, Jan 2-Jun 15

MTuWF 5:30a-8p
Th 5:30a-10p
Su 11a-3p

Sheldon Pool, Jan 2-Jun 15

M-F 5:30a-8:30p
Sa 9a-2p

Spa Hours

Echo Hollow Pool, Jan 2-Jun 15

M-F 5:30a-8p
Su 11a-3p

Closures/Modified Schedules

Echo Hollow Pool

Dec 9	Weight room closed, pool closes 11a for swim meet
Dec 10-11	Closed for swim meet
Dec 19-Jan 2	Holiday schedule
Dec 25	Closed for holiday
Jan 1	Closed for holiday
Mar 27-31	Spring Break schedule
May 29	Closed for holiday

Sheldon Pool

Nov 24-Jan 1	Closed for lobby remodel
Jan 21-22	Closed for YMCA State Meet
Mar 27-31	Spring Break schedule
May 29	Closed for holiday

Swim & Fitness

Adult learn-to-swim lessons are listed in the Youth Swimming section, pages 26-28, classes 15, 16 & 17. For Water Fitness classes see pages 43-44.

Special Interest

Self-Guided Kayak Practice Ages 12+

Echo Hollow Pool

Thursdays 8-10p, \$5/session

Equipment available for rent, \$5; no instruction provided

Family

See Sheldon Center Family Game Nights, page 31.

Special Events

Commit to Fit

Keep your New Year's resolution going strong! During February, Aquatics staff at Echo Hollow and Sheldon pools will track how often you work out, lap swim, attend a fitness class or use the weight room. After five visits, you will be entered into a prize drawing on Feb. 28. The more you work out, the better your chances!

For fitness classes, see pages 41-46.