Adult & Senior Outdoor

Class offerings will be curtailed if Lane County enters the Extreme Risk level for COVID-19. For up-to-date information see our website.

For virtual classes, registrants will be sent a web link in advance. Internet connection is required to access these classes.

Bicycling

Mountain Bike After Work  Ages 16+
For new riders on dirt or experienced riders just looking for a ride to the trails. Multiple trail options. Bring water, a snack and a well-maintained mountain bike or try one of our demo bikes at no additional charge thanks to a donation from the Julia Fudge family. Please give a five-day notice if you need to borrow a bike by calling 541-682-6321.

Meet at River House Outdoor Center
Alsea Falls Trails
Jul 15      Th  5-10p  $45   #16320
Thurston Hills Trails
Aug 11     W  5-9p  $35   #16321

Hiking

Boxed numbers 1 indicate activity levels, see key on page 47.

Smelt Sands Park Hike 1
Smelt Sands State Recreation Site is a state park with the historic 804 Trail running through it. The trail is 1.5 miles to the end and back with resting benches scattered along the way. The trail is paved and has very little grade change. This is an excellent hike for us to get out and start getting our hiking legs in shape. Bring water and a lunch.

Meet at Amazon Community Center
May 21 F  9a-4p  $35   #16391

Sweet Creek Falls Hike 4
Sweet Creek Falls Trail follows the scenic waters of Sweet Creek. Hikers will encounter multiple small cascades, each framed by mossy rocks and ferns and under a canopy of Douglas fir, alder and big leaf maple. Out-and-back the trail adds up to 3 miles. Bring water and a lunch. Level 4

Meet at Amazon Community Center
Jul 20 Tu  9a-5p  $35   #16627
Kayaking

Flatwater Kayak Rescue Clinic
This class teaches people with flatwater or recreational kayaks about techniques to paddle safely. Practice tipping over, learn techniques to get back in the boat and practice ways to keep from tipping. Kayaks and equipment will be provided or bring your own.

Meet at Campbell Community Center
Jun 10  Th  12-5p  $50  #16331

Dorena Lake Kayak
Explore the shoreline of this lake nestled in wooded hills near Cottage Grove. This reservoir has some beautiful arms to explore and a short walk up to a covered bridge. Equipment and leadership will be provided.

Meet at Campbell Community Center
Jun 24  Tu  9a-5:30p  $60  #16345

Siltcoos River Flatwater Kayak
Paddle this unique water trail on the coast. Equipment and leadership will be provided.

Meet at Campbell Community Center
Jul 22  Th  9a-5:30p  $60  #16334

Waldo Lake Kayak
Sitting above Willamette Pass, Waldo Lake is one of the purest lakes in the world. We will explore the lake with views of surrounding peaks. Equipment and leadership is provided.

Meet at Campbell Community Center
Aug 12  Th  9a-6p  $65  #16357

Kayak After Work Float
Explore the Willamette River, paddling toward the setting sun. Stable sit-on-top and inflatable kayaks are supplied. Bring water, a snack and clothing that can get wet. Paddle the moving water from Aspen Street in Springfield to the River House Outdoor Center in Eugene. No experience necessary but active paddling is required. Registration is limited to eight people to allow for distancing on the shuttle ride to the river.

Meet at River House Outdoor Center
Jul 14  W  5-9p  $40  #16290
Aug 18  W  4-8p  $40  #16291

Kayak Whitewater  Ages 16+
This three-session beginners class includes flatwater time combined with up to Class II rapids on the Willamette River. Practice paddling skills, reading water, running rapids, whitewater safety and river knowledge. All equipment is provided. Bring a swimsuit and lunch on the full days. Choose from hardshell, sit-on-top or inflatable kayaks.

Meet at River House Outdoor Center
Jul 28-31  WTh  5:30-9:30p  5a  9a-3p  $190  #16292

Paddle & Pedal Kayak Trip on the Willamette  Ages 16+
No experience is necessary for this fun time on our local river. Let’s mix our sports and explore the Willamette River using stable inflatable kayaks and also biking to the put in. Bring water, snacks, clothing that can get wet, a bicycle and helmet. We will start at the River House Outdoor Center and pedal to the Island Park boat ramp in Springfield. Trade your bike for a boat and float back down to the River House where your bike will be waiting for you. All river gear is provided. Please call if you need to borrow a bike and helmet, 541-682-6321.

Meet at River House Outdoor Center
Aug 15  Su  10a-3p  $45  #16293

Paddle Sports

Adaptive Watercraft Day  Ages 6+
Try a new activity on the Alton Baker Canoe Canal. There will be opportunities to try a kayak, a stand-up paddleboard and a raft. Swimming is not required. Expect to get wet and you must be able to flip yourself from face down to face up when in the water.

Alton Baker Canoe Trail
Aug 24  Tu  10a-5p  Free  #16102

Essentials of Stand-Up Paddleboarding
This course is designed to build a general understanding of stand-up paddleboarding (SUP) technique. The course will present the skills needed to paddle effectively in flatwater conditions where wind, waves and current may be present. Topics to be covered include but are not limited to: SUP history and equipment, paddling technique, balance, footwork, safety, rescue and the foundations needed to excel as a lifelong paddler. Please bring lunch, snacks, water, towel, sun protection, dry change of clothing, bathing suit or clothes that can get wet for the field outing.

Jul 22  Th  5:30-7p  at River House Outdoor Center
Jul 24  Sa  10a-4p  at Alton Baker Park Ponds, 200 Day Island Rd.  $65  #16122

GetRec.org  55
**Introduction to River Stand-Up Paddleboarding**

This course emphasizes safety, enjoyment and skill acquisition for entry-level through intermediate individuals wanting to learn how to stand-up paddleboard (SUP) on rivers. The course begins with basic skill development for flatwater paddling and develops the skills and understanding needed to run rivers with current and rapids up to Class I. Topics include but are not limited to: SUP history and equipment, paddling technique, balance, foot work, safety, rescue, river hazards and considerations, introduction to river surfing, rapid management and much more.

Aug 12 Th 5:30-7p at River House Outdoor Center
Aug 14 Sa 10a-4p at Alton Baker Park Ponds, 200 Day Island Rd.
$65 #16121

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**Stand-Up Paddleboard BIPOC Adult**

Stand-up paddleboarding (SUP) can be a fun way to play on the water, connect with our local ecosystems and build skills and relationships. This class provides opportunities in outdoor recreation that support and center around Black, Indigenous and People of Color (BIPOC). The class consists of an evening classroom session and then a weekend field outing, and intends to hold awareness and respect for the many ways, including complex historical ways, BIPOC relate to outdoor recreation and to water. Created by a woman of color and led by IPOC instructors, this is a beginner and mixed-level SUP class for BIPOC adults designed to build a general understanding of SUP technique. The course will present the skills needed to paddle effectively in flatwater to moving water conditions where wind, waves and current may be present. As appropriate, please bring lunch, snacks, water, towel, sun protection, dry change of clothing, bathing suit or clothes that can get wet.

Jul 8 Th 5:30-7p at River House Outdoor Center
Jul 10 Sa 10a-4p at Alton Baker Park Ponds, 200 Day Island Rd.
$65 #16281

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**AUGUST 21-28, 2021**  
**FREE**

**WILLAMETTE RIVER FESTIVAL**

Walking, cycling & paddling tours, interactive online activities, film festival, volunteer events, education workshops and fun floats

PaddleCross Challenge ($5 fee, 18 & under free)

willametteriverfest.org

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56 541-682-5333
Sailing

All classroom sessions meet over Zoom. All water sessions meet at Richardson Park Marina, Dock B, on Fern Ridge Reservoir. Marina parking requires a Lane County fee of $4/day, $40/year; purchase online. For more information call 541-682-6324.

ASA 101 Basic Keelboat Sailing Certification

Learn to skipper a 24-foot sloop-rigged keelboat in light to moderate winds and sea conditions. Learn basic sailing terminology, parts, functions, helm commands, docking, sail trim, points of sail, buoyage, seamanship and basic navigation rules to avoid collisions and hazards. Gain confidence with lots of hands-on practice. Earn your ASA 101 Basic Keelboat Sailing Certification.

| Classroom | June 1 | Tu | 6-9p |
| On water | June 5-13 | SaSu | 2-7p |
| Classroom | June 9 | W | 6-9p |
| On water | June 14-25 | MWF | 5:30-9p |
| Classroom | June 15 | Tu | 6-9p |
| On water | June 19-27 | SaSu | 2-7p |
| Classroom | July 6 | Tu | 6-9p |
| On water | July 10-18 | SaSu | 2-7p |
| Classroom | July 14 | W | 6-9p |
| On water | July 19-30 | MWF | 5:30-9p |
| Classroom | July 20 | Tu | 6-9p |
| On water | July 24-Aug 1 | SaSu | 2-7p |
| Classroom | Aug 3 | Tu | 6-9p |
| On water | Aug 7-15 | SaSu | 2-7p |
| Classroom | Aug 11 | W | 6-9p |
| On water | Aug 16-27 | MWF | 5:30-9p |

Cost is $315
ASA membership is $39 additional, required for certification. Veterans receive a $50 discount on the class and ASA membership fee waived.

Family Sunset Sails Ages 8+

Enjoy sailing at Fern Ridge Reservoir and watch the sun dip below the horizon. No sailing experience required. Bring up to five people from the same household, a picnic dinner and drinks in a non-breakable container. This is an alcohol-free event.

| Jun 10 | Thu | 5:30-9p | $100 | #16358 |
| Jun 16 | W | 5:30-9p | $100 | #16625 |
| Jun 18 | F | 5:30-9p | $100 | #16361 |
| Jun 24 | Th | 5:30-9p | $100 | #16362 |
| Jun 30 | W | 5:30-9p | $100 | #16363 |
| Jul 2 | F | 5:30-9p | $100 | #16364 |
| Jul 8 | Th | 5:30-9p | $100 | #16367 |
| Jul 9 | F | 5:30-9p | $100 | #16368 |

4th of July Family Sunset Sail Ages 8+

Additional parking fees may apply. We will sail, break for dinner and watch fireworks on the water.

| Jul 4 | Su | 5-9:30p | $150 | #16365 |

Private Sail Lessons

Lessons can be held on your boat or the City’s and can be about docking, heavy and light air sailing, reefing, crew overboard and more. You set the goals and we help you achieve them.

$40/hour with a minimum of 3 hours. By appointment; to arrange call 541-682-6324.

Sailing Practice Nights

Are you taking a sailing class and need a little more time on the water? Practice under the coaching of Eugene Rec sailing staff. Registration is required. Because of COVID guidelines, this event is limited to two adults from one household.

| May 4 | Tu | 5:30-8:30p | $60 | #15600 |
| May 18 | Tu | 5:30-8:30p | $60 | #15602 |
| Jun 8 | Tu | 5:30-8:30p | $60 | #16344 |
| Jun 22 | Tu | 5:30-8:30p | $60 | #16352 |
| Jul 13 | Tu | 5:30-8:30p | $60 | #16353 |
| Jul 27 | Tu | 5:30-8:30p | $60 | #16354 |
| Aug 10 | Tu | 5:30-8:30p | $60 | #16355 |
| Aug 24 | Tu | 5:30-8:30p | $60 | #16356 |

San Juan Adventure

The San Juan Islands are one of the top cruising destinations in the world. Gain incredible sailing experience living aboard and sailing a 42-foot sailboat. The trip will be skippered by USCG licensed captain and ASA instructor Lyle Meyer. ASA 101, 103, 104 certifications are available to add on to your experience. Pre-departure meeting will be scheduled to discuss itinerary, provisioning and carpooling. More information will be posted online soon. For information and to register email or call 541-682-6324.

Sep 17-24 $1,650/person, $3,125/double
Registration and deposit due in July, balance due by August
Vessel boards in Bellingham, Washington
Carpool arrangements can be facilitated from Eugene
Walking

Boxed numbers \( \text{■} \) indicate activity levels, see key on page 47.

First Saturday Park Walks  All ages
Explore the ecology and management of Eugene's beautiful parks with Eugene Rec and Parks and Open Space staff. These free, interpretive walks are themed to highlight the diversity of parks in the City and showcase improvements driven by the 30-year Parks and Rec System Plan and the 2018 Parks and Rec bond and levy passed by voters. Registration is required. Walks are limited to 15 participants and face coverings are required. Please meet at the location listed in the description. For more information call 541-682-6323.

Coyote Prairie  \( \text{■}/\text{■} \)
Visit one of the area's finest examples of restored Willamette Valley wetland prairie near peak blooming season. This natural area has no trails – wear boots and be prepared for wet conditions. Meet 0.25 miles east of the intersection of Ken Neilsen and Cantrell roads. Parking is on the south side of Cantrell Road under the power lines.

Amazon Park  \( \text{■} \)
Experience rare wet prairie habitat and plants in south Eugene. Learn about the history and future of Amazon Creek in this area and enjoy the recently renovated trail. Meet in the parking lot near Amazon Playground at 2694 Hilyard St.

Riverfront Park  \( \text{■} \)
The new Downtown Riverfront Park beautifully blends urban design with stormwater treatment riparian habitat enhancements. Join us on a walk along the Willamette River to find out more about the design and construction efforts that brought this park to life. Meet at the EWEB headquarters parking lot at 500 East 4th Ave.

Bertelsen Nature Park  \( \text{■}/\text{■} \)
Enjoy a looping walk (part off trail) through Bertelsen Nature Park, home to a diversity of dragonflies and birds. Learn about co-management of this site by the City of Eugene and the Bureau of Land Management. No dogs please. Meet at the parking area located about 2,000 feet east of the intersection of Stewart Road and Bertelsen Road on the north side of Stewart Road. Parking is available along Stewart Road.

More walking activities are on page 52.
SUMMER READING
Reading Colors Your World

Fun for all ages
Connect online & in person
Books, bingo & giveaways

FREE

Downtown
100 West 10th Avenue
541-682-5450

Bethel
1990 Echo Hollow Road

Sheldon
1566 Coburg Road

eugene-or.gov/library