



Adult Outdoor

Bicycling

Active Errands by Bike 🏆

Learn all about the gear you can use for commuting and doing errands. Class includes a craft, either bucket panniers or homemade basket craft.

River House Outdoor Center
May 14 Tu 5-8p \$30 #26930

Intro to Bike Commuting 🏆

This program provides education on Eugene-specific laws, tips and tricks for commuting and route creation skills.

River House Outdoor Center
May 21 Tu 5-7p \$15 #26933

Intro to Bike Touring

Are you interested in minimizing your carbon footprint? How about using muscle-powered travel to find adventures right from your home? Maybe you are seeking out ways

to be on the road and wilderness for several hours or days at a time. This program will teach you the techniques you need to safely and efficiently bike tour. The program offers beginner to intermediate classes and several trip opportunities. A safe bike and helmet are needed.

Pretrip Apr 10 Th 5-7p at River House
Trip Apr 13 Sa 9a-5p \$130 #26923

Smart Cycle 🏆

This class covers information, skills and techniques to give riders the confidence they need to ride safely and legally in traffic and on paths. The course covers bicycle safety checks, laws, safe riding techniques, on-bike riding skills and crash avoidance maneuvers. This course prepares cyclists for a full understanding of vehicular cycling and is great for beginner and experienced cyclists. A safe bike and helmet are needed as we will be doing on-road riding and parking lot skills and drills.

Meet at River House Outdoor Center
May 19 Su 9a-5p \$45 #26956

Friday Bike Tours

Each ride will have a different theme based on the history of Eugene. Work your body while learning things you've never known about Eugene. Bikes and helmets available on request. Rides range from 4 to 8 miles. For questions related to individual sessions call 541-682-6358.

Meet at River House Outdoor Center

Downtown Eugene Tour

May 3 F 5-8p \$15 #26904

South Eugene Tour

May 10 F 5-8p \$15 #26907

Westmoreland Park Tour

May 17 F 5-8p \$15 #26909

All About UO Tour

May 24 F 5-8p \$15 #26910

Murals Tour

May 31 F 5-8p \$15 #26911

Bikes & Bridges

Explore the beautiful covered bridges scenic bikeway with a wonderful group of people. This tour is 36 miles and includes exploring downtown Cottage Grove for lunch, getting the best views of Dorena Lake and seeing multiple historic covered bridges. A safe bike and helmet are needed. If you need to rent a bike, call 541-682-6358 or email nasher@eugene-or.gov after registration. There is a \$30 fee to rent a bike.

Pretrip Apr 23 Tu 5:30-7p at River House

Trip Apr 27 Sa 9a-5p \$90 #26918

Kayaking

Paddle & Pedal Kayak Trip on the Willamette

Ages 16+

No experience is necessary for this fun time on our local river. On this dual-sport trip, we explore the river on stable inflatable kayaks after biking the river path to the put-in. Bring water, snacks, clothing that can get wet, a bicycle and a helmet. We will pedal 4-5 miles to one of the Springfield boat ramps. Trade your bike for a boat and float back down to the River House where your bike will be waiting for you. All river gear is provided. Bike and helmet available to borrow on request, please call 541-682-5329 at least a week ahead to reserve.

Meet at River House Outdoor Center

Apr 14 Su 11a-4p \$60 #26754

Women's Kayaking

This class is designed for those who identify as female and want to build their confidence on whitewater. The course is a great fit for people who currently feel they have the skills

to tackle Class II/III whitewater but don't because they do not have a support network to feel comfortable pushing harder. Each day will build on skills from the previous day.

Pretrip Apr 29 M 5:30-9p at River House

Trip May 4-5 SaSu 9a-5p \$255 #26776

Intro to Kayak Touring

This course is geared for anyone who is interested in paddling a recreational, fishing or sea kayak. The class will cover the basics of paddling technique, equipment, safety considerations, trip planning, navigation and rescue. All paddling equipment is provided or bring your own gear. For more information call 541-682-5329.

Pretrip May 8 W 5:30-7:30p at River House

Trip May 11-12 SaSu 9a-5p \$190 #26789

Surf Kayaking

Surf kayaking is a fantastic way to increase kayaking skill in a fun and exhilarating way. The surf kayak program utilizes wave skis and decked surf kayaks to teach participants not only the skills needed to surf kayak, but lessons related to the surf zone and surfing etiquette. The program is designed for beginners and experienced paddlers alike and is guaranteed to increase your kayaking skills and fun level.

Pretrip May 15 W 5:30-8:30p at River House

Trip May 18 Sa 7a-7p \$140 #26795

Kayak Roll Sessions with Instruction

Opportunities to work on your kayak rolling skills with instructors. Price includes boat, skirt, paddle and pool entrance fee. Bring your own nose plug and goggles if you need them. For more information call 541-682-5329.

Echo Hollow Pool & Fitness Center

Jan 11 Th 8-10p \$40 #26709

Feb 8 Th 8-10p \$40 #26710

Mar 14 Th 8-10p \$40 #26711

Apr 11 Th 8-10p \$40 #26712

May 16 Th 8-10p \$40 #26713

Open Boating, Self-Guided Kayak Practice

All ages

Practice your paddle strokes and develop your kayak roll in an indoor pool. Bring your own thoroughly cleaned boat and gear. No instruction provided. Youth under 13 must have an adult guardian present. For more information call 541-682-5329. Pool admission fees apply, see page 65.

Echo Hollow Pool & Fitness Center

Jan 4-May 30 Th 8:30-10p \$6 Drop-in

Hiking

Valentine Couples Hobbit Trail Hike & Explore Florence Ages 16+

This trip is an opportunity for you and your spouse, partner or close friend to explore a beautiful Oregon trail and scenery. It's a great way to build you up as a couple as well as meet other couples interested in similar activities. Price is listed as per-couple (2 spots on the trip). After the hike, time is available to explore this beautiful coastal town and purchase a meal at one of the eateries in historic downtown Florence.

Meet at River House Outdoor Center
Feb 11 Su 9a-5p \$110 #26796

Sailing

Classroom sessions meet at River House Outdoor Center. On the water sessions meet at Richardson Park Marina, Dock B, on Fern Ridge Reservoir. Marina parking requires a Lane County fee of \$5/day, \$50/year; purchase online at lanecounty.org. For more information call 541-682-5329.

Women's Sailing Nights

Try sailing, practice sailing or just enjoy a night on the water with a friend and learn more about sailing. Women's sailing nights are for everyone, from those who have never sailed to experienced women working on improving their sailing skills. Participants do not need to register for every sail night to sign up. Participants can choose which nights to attend.

May 14 Tu 5:30-9:30p \$65 #26838
May 21 Tu 5:30-9:30p \$65 #26839
May 28 Tu 5:30-9:30p \$65 #26840

Taste of Sailing

Explore and learn the basics of sailing on a keelboat or polish up on techniques that you have not used in a while. No experience required.

May 5 Su 1-5p \$70 #26841
May 12 Su 1-5p \$70 #26842

ASA 101 Basic Keelboat Sailing Certification

Learn to skipper a 24-foot sloop-rigged keelboat in light to moderate winds and sea conditions. Learn basic sailing terminology, parts, functions, helm commands, docking, sail trim, points of sail, buoyage, seamanship and basic navigation rules to avoid collisions and hazards. Gain confidence with lots of hands-on practice. Earn your ASA 101 Basic Keelboat Sailing Certification. The course

comprises of a three-hour weekday evening classroom session followed by four on-the-water days.

Classroom May 20 M 5-8p
On the water May 24 F 4-8p
 May 25-26 SaSu 2-8p
 May 27 M 1:30-6p \$450 #26837

ASA membership is \$59 additional, required for certification
Veterans receive a \$50 discount on the class and
ASA membership fee waived

ASA 101 Sail Refresher

Get back on the water in this refresher course. You'll revisit the ASA 101 curriculum as well as covering new topics. This course is great for those who have completed an ASA 101 course but would like more time on the water to practice and build more confidence skippering.

May 1-15 W 5-9p \$180 #26894

Sunset Sails Ages 8+

Enjoy sailing at Fern Ridge Reservoir and watch the sun dip below the horizon. No sailing experience is required. Bring a picnic dinner and drinks in a non-breakable container. This is an alcohol-free event.

May 3 F 5:30-9p \$65 #26880
May 17 F 5:30-9p \$65 #26883
May 31 F 5:30-9p \$65 #26884

Skiing

Cross-Country Ski Classes & Tours

These classes and tours are led by River House Outdoor Center instructors and offer programs for beginner and intermediate skiers. The classes are designed to build skills, confidence and efficiency and learn the trip planning skills needed to organize your own cross-country ski outing. Destination depends on snow conditions. Cross-country ski gear, some clothing and transportation is provided. Class and tour information will be sent out prior to the pretrip meeting.

Beginner
Pretrip Jan 11 Th 6-8p at River House
Trip Jan 13 Sa 8:30a-5:30p \$90 #26738
Pretrip Feb 15 Th 6-8p at River House
Trip Feb 17 Sa 8:30a-5:30p \$90 #26742
Beyond the Basics
Pretrip Jan 18 Th 6-8p at River House
Trip Jan 20 Sa 8:30a-5:30p \$90 #26743
Pretrip Feb 22 Th 6-8p at River House
Trip Feb 24 Sa 8:30a-5:30p \$90 #26744

Snowboarding

Introduction to Split-Boarding

Are you a snowboarder who would like to get out into the backcountry? Maybe you are craving fresh tracks and are tired of the lines at the ski resorts. Or maybe you have heard of split-boarding but have never had the opportunity to try it. If any of this sounds like you, then this class is where you want to be. Learn how to split-board, plan trips, safety, equipment, avalanche awareness and avalanche reports, group management, efficiency and backcountry travel. All split-board equipment and transportation is provided.

Pretrip	Jan 10	W	6-8p at River House		
Trip	Jan 13	Sa	8:30a-5:30p	\$90	#26790
Pretrip	Mar 13	W	6-8p at River House		
Trip	Mar 16	Sa	8:30a-5:30p	\$90	#26791

Snowshoeing

Snowshoe Trips At River House

Stay fit this winter and learn snow travel skills on a snowshoeing trip with River House Outdoor Center staff. The destination depends on snow conditions. Bus transportation is included. No previous snowshoe experience is necessary, but you must be able to hike 3-5 miles on uneven terrain. Basic snowshoes are provided or can be rented from Berg's Ski & Snowboard Shop (541-683-1300). Bring your own winter clothing, food and drink. A full itinerary will be provided at the pre-trip meeting.

Pretrip	Feb 1	Th	6-8pat River House		
Trip	Feb 3	Sa	8:30a-5:30p	\$90	#26735
Pretrip	Feb 29	Th	6-8pat River House		
Trip	Mar 2	Sa	8:30a-5:30p	\$90	#26737

Surfing & Paddleboarding

Stand-Up Paddleboarding Surfing

Surfing a stand-up paddleboard is an incredible way to have fun, build endurance and balance and solidify techniques that transfer to all other areas of stand-up paddleboarding. We offer options to utilize both river and ocean waves. This teaches the difference between SUP surfing in the river and ocean. It gets you up and surfing.

Pretrip	May 29	W	5:30-8:30p at River House		
Trip	Jun 1	Sa	7a-7p	\$140	#26797

Trainings

Avalanche Awareness

This course is for anyone who enjoys traveling through the snowy backcountry. We'll cover backcountry gear including beacons, shovels and probes, and tools used to identify and avoid avalanche terrain, rescue skills, avalanche reports and basic snow science. An introductory classroom session is followed by two weekend trips to a local snow park. Bus transportation is provided to and from the River House or you can meet the group at the snow park. Participants are encouraged to use personal gear, but snowshoes, beacons shovels and probes are provided as needed.

Pretrip	Jan 24	W	5:30-7p at River House		
Trip	Jan 27-28	SaSu	7a-7p	\$200	#26729
Pretrip	Feb 7	W	5:30-7p at River House		
Trip	Feb 10-11	SaSu	7a-7p	\$200	#26732

Challenge Course Facilitator Training

Participants will learn the professional and technical skills to facilitate experiential education programs at the Spencer Butte Challenge Course. For more information about training dates and times contact the challenge course manager at 541-682-6324.

Meet at River House Outdoor Center

Low Course					
Apr 5-7	F-Su	9a-5:30p	\$200	#26802	
High Course					
Apr 19-21	F-Su	9a-5:30p	\$200	#26803	

ACA Kayak Instructor Course

Want to become an American Canoe Association certified river kayak instructor? Learn to teach others how to kayak and stay safe on the river. This course is for experienced kayakers comfortable on Class II-III whitewater. Instructor candidates will learn industry standards for teaching river kayaking and are assessed on teaching, technical knowledge, rescue ability and group management skills. Note that participation does not guarantee certification.

River House Outdoor Center					
Mar 29-Apr 2	F-Tu	9a-5p	\$450	#26746	

Swiftwater Rescue Adult

Gain the skills and confidence needed in swiftwater rescue situations. This course is ideal for all river paddling enthusiasts, first responders and river guides. Learn skills ranging from hydrology, hazard avoidance and trip planning to self-rescue, in-water rescues, rope rescue techniques and rescue team management.

River House Outdoor Center					
Apr 27-28	SaSu	9a-5p	\$160	#26768	



Wilderness First Responder, Hybrid

Ages 16+

Our new hybrid format begins with three weeks of online learning including readings, videos, and quizzes. You will spend 10 to 15 hours each week in the online portion and be required to finish assignments to progress. You will complete your course with a five-day in-person program focusing on skills and scenarios. These are the last five days of the listed course dates. Upon completion, you will be able to conduct a thorough physical exam, obtain a patient history, assess vital signs, provide emergency care in the wilderness and make crucial evacuation decisions. You'll learn both in the classroom and in outdoor settings regardless of weather, so come prepared for wet, muddy, cold or hot environments. Register online at nols.edu/portal/wmi/courses/17557 or call 866-831-9001.

Spencer Creek Grange, 86013 Lorane Highway
Mar 26-30 Tu-Sa 8a-5p \$800

Wilderness First Responder, Hybrid Re-Certification

Ages 16+

This hybrid format recertification course blends online learning with scenarios and skills emphasizing decision-making and curriculum updates. Online work allows you to review the curriculum at your own pace and then focus on the hands-on element during this two-day course. Once you are registered, all online components must be completed before the course. Includes CPR training and certification. Register at nols.edu/portal/wmi/courses/17558 or call 866-831-9001.

River House Outdoor Center
Mar 23-24 SaSu 8a-5p \$355

Walking

First Saturday Park Walks All ages

Explore the ecology and management of Eugene's beautiful parks with Eugene Rec and Parks and Open Space staff. These free, interpretive walks are themed to highlight the diversity of parks in the City and showcase improvements driven by the 30-year Parks and Rec System Plan and the 2018 Parks and Rec Bond and Levy passed by voters. Registration is required. For more information call 541-682-6323.

Amazon Park

Experience rare wet prairie habitat and plants in South Eugene. Learn about the history and future of Amazon Creek in this area and enjoy the recently renovated trail.

Meet in parking lot near Amazon Playground at 2694 Hilyard St.
Feb 3 Sa 9-11a Free #26980

Skinner Butte

Walk the newly constructed mid-elevation trail, learn more about Skinner Butte Park and fuels reduction and habitat projects.

Meet at the east side of Riverplay Playground near the main parking lot off Cheshire Avenue.
Mar 2 Sa 9-11a Free #26981

Alton Baker Native Plant Nursery

Tour the City's Native Plant Nursery to learn about the types of plants that are grown here and distributed across the park system to restore and enhance habitat. The walk will continue through the Wildflower Hollow if time allows.

Meet at the gardens parking lot at 538 Day Island Road.
Apr 6 Sa 9-11a Free #26982

Moon Mountain

Witness the ongoing response and recovery of this prairie gem. In July 2023, more than 30 acres of this site burned in a wildfire. Learn from the ecologist what has happened on site and view the resilience of nature.

Meet at Weldon Lane.
May 4 Sa 9-11a Free #26984

Meadowlark Prairie

Get off the beaten path and learn about wetland plants and animals and the techniques ecologists use to manage and restore their habitats. No dogs please. Uneven ground not suitable for wheelchairs or similar devices.

Meet at Meadowlark Prairie Overlook parking lot, 88525 Greenhill Road.
Jun 1 Sa 9-11a Free #26983