



# Adult Activities

*These classes are for ages 18-118, unless noted otherwise.  
Classes designed for ages 50+ are in Senior Activities, pages 78-91.*

## Arts

### Basic Sketching

This class is designed to guide students on how to get started with the ease of sketching. Sketching is the primary skill to quickly generate and communicate design ideas. Just bring some paper, pencils and your big ideas.

Petersen Barn Community Center  
Instructor: Denise Zanetta  
May 8-Jun 12 W 1-3p \$48 #3029

### Basic Woodworking

Learn safe and fun woodworking skills from the friendly shop instructor. This class is aimed at beginners or anyone who wants to learn their way around the Campbell Woodshop. Make a beautiful laminated cutting board or choose a different project. Required materials discussed in first class.

Campbell Community Center  
Instructor: Len Gould

Jun 3-Jul 1	M	6-8:30p	\$73	#3976
Women Only Woodworking				
Jul 22-Aug 19	M	6-8:30p	\$73	#3978

### Campbell Woodshop

Open to adults who want to use a workspace and tools for wood projects. Please sign in and pay as you enter the shop.

Campbell Community Center  
Ongoing M-F 9a-3p \$3 Drop-in  
No woodshop May 10, 27, Jul 4

### Woodshop Orientation

Free orientation to the Campbell Woodshop. All participants receive a coupon for a free one-day use of the shop.

Campbell Community Center				
Jun 13	Th	2-2:30p	Free	Drop-in
Jul 12	F	11-11:30a	Free	Drop-in
Aug 19	M	1-1:30p	Free	Drop-in

## Clay Arts Open Studio

Concentrate on your own work with access to the ceramics studio, including wheel throwing, handbuilding, glaze and design. Registration is monthly for one day a week. Clay can be purchased separately. Fee includes glazes and firing. You must have demonstrable skills and the ability to work independently in studio. No instruction available.

Amazon Community Center				
Jul 7-28	Su	1-4p	\$48	#2980
Aug 4-25	Su	1-4p	\$48	#2983
Sep 1-29	Su	1-4p	\$60	#2986
Jul 3-31	W	6-9p	\$60	#2981
Aug 7-28	W	6-9p	\$48	#2982
Sep 4-18	W	6-9p	\$36	#2987

## Clay Handbuilding

Invent, discover and create with clay. Beginning and intermediate students are introduced to techniques such as slab building, coiling, pinching and extruding. Add surface decoration and glazing to create fun and usable pieces you can enjoy for years. Fee includes 25 pounds of clay, glazes and firings.

Amazon Community Center				
Instructor: Amy Graves				
Jul 9-Sep 10	Tu	6-8:30p	\$118	#2973

## Clay Wheel Throwing & Handbuilding

Ages 16+

Classes are available for both beginning and intermediate students. Basic concepts of building with clay, both by hand and on the wheel, basic glazing and introduction to advanced techniques, depending on the skill level and desire of the class will be covered. Fee includes 25 pounds of clay, glazes and firings.

Amazon Community Center				
Instructor: Sandy Brown				
Beginning				
Jul 1-Aug 19	M	6-8:30p	\$96	#2978
Intermediate				
Jun 27-Sep 12	Th	6-8:30p	\$118	#2979
No class Jul 4				

## Color Mixing for Artists

Do you get frustrated trying to mix the colors you want? This class will teach you to see and understand what goes into color mixing. You'll learn to create the colors you want by using a limited number of paints. Supply list given before the first class.

Petersen Barn Community Center				
Instructor: Jennifer Bernatz				
Jul 31-Aug 28	W	1-3p	\$40	#4001
No class Jul 24				

## Colored Pencil Drawing

Learn how to draw with colored pencils by exploring the tools, different techniques, color theory and developing your artist's eye. Class will include lectures, demonstrations, exercises and drawing. Prerequisite: basic drawing skills.

Petersen Barn Community Center				
Instructor: Denise Zanetta				
May 10-Jun 28	F	1-3p	\$96	#3991
Jul 5-Aug 30	F	1-3p	\$96	#3992
No class Jul 26				

## Color Watermedia

Explore making art with a variety of water-based color media: watercolor and water-soluble color crayons and pencils. Have fun, experiment, learn and play. Required materials discussed in first class.

Campbell Community Center				
Instructor: Sarah Strand				
Jun 17-Aug 26	M	9:30a-12:30p	\$128	#3943
Jun 20-Aug 29	Th	9:30a-12:30p	\$116	#3944
No class Jul 4				

## Craft Workshops

Explore your creativity and take home finished crafts. All supplies included in fee.

Both workshops at Petersen Barn Community Center  
Instructor: Kitty Planalp

### Make Your Own Terrarium

Make your own miniature landscape in this terrarium workshop. You'll be able to choose your glass container, plants, natural and decorative materials to use for your creation.

Aug 2	F	2-4p	\$20	#4180
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### Matching Bracelet & Pendant

Design and create a matching bracelet and pendant using a variety of beads.

Aug 23	F	2-4p	\$15	#4182
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## Drawing & Composition

Join this supportive group that loves to explore drawing regardless of experience. You will develop confidence and drawing skills using ink, pencils and charcoal with individual attention from an experienced and enthusiastic teacher. Required materials discussed in first class.

Campbell Community Center				
Instructor: Sarah Strand				
Jun 19-Aug 28	W	9:30a-12:30p	\$128	#3945
Jun 21-Aug 30	F	9:30a-12:30p	\$128	#3946



## Mixed Media: Oils, Acrylics & Pastels

Enjoy creating beautiful paintings in a friendly, supportive environment. While working on individual paintings, students will receive personal instruction regarding basic drawing skills, painting techniques, color theory, atmospheric perspective, compositional unity and color harmony. Supply list provided in first class. Not a watercolor class.

Instructor: Jennifer Bernatz

Petersen Barn Community Center

May 6-Jun 24	M	9:30-11:30a	\$56	#4048
Jul 1-Aug 26	M	9:30-11:30a	\$64	#4049
May 6-Jun 24	M	11:45a-1:45p	\$56	#4050
Jul 1-Aug 26	M	11:45a-1:45p	\$64	#4051
May 7-Jun 25	Tu	10a-12p	\$64	#4052
Jul 2-Aug 27	Tu	10a-12p	\$64	#4053

No class May 27, Jul 22, 23

Sheldon Community Center

Jul 27-Aug 22	Th	10a-12p	\$53	#2989
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No class Jul 4, 25

## Nature Journaling

Would you like to gain a better appreciation for the natural world around you? A nature journal encourages observing nature and then drawing it. In this class learn key observational techniques and methods for capturing simple images.

Petersen Barn Community Center

Instructor: Denise Zanetta

Jul 24-Aug 21	W	1-3p	\$40	#4000
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## Painter's Workshop

Paint in the company of your fellow artists. All mediums are welcome.

Petersen Barn Community Center

May 7-Aug 27	Tu	12:30-2:30p	\$0.25	Drop-in
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No workshop Jul 23

## Plein Air Drawing

Leave the four walls of the art room behind and experience drawing en plein air, which means drawing outside. Venture to a selected locale each week to take in the scenery and draw. Some drawing skills required.

Petersen Barn Community Center

Instructor: Denise Zanetta

Jun 19-Jul 17	W	1-3p	\$40	#3996
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## Plein Air Palette Knife

Get outside with this palette knife painting class. Using the palette knife pushes you to think simpler and work faster to quickly block in large sections of landscape. Venture to an outside location each week to take in the scenery and paint.

Petersen Barn Community Center

Instructor: Jennifer Bernatz

Jun 12-Jul 17	W	1-3p	\$48	#4014
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## Portrait Painting

Learn the basics of portrait painting using a six-step method. Drawing, value study, color, lighting, capturing the gestures and mannerism of your subject are all taught. Not a watercolor class.

Petersen Barn Community Center

Instructor: Jennifer Bernatz

May 6-Aug 26	M	6-8p	\$120	#4054
May 7-Aug 20	Tu	5:15-7:15p	\$120	#4055

No class May 27, Jul 22, 23

## Sumi-e Ink Painting Ages 40+

Delight in the experience of a single brush stroke to express a range of color and feeling. Use sumi-e ink stick and watercolor with traditional, seasonal and fun subjects to explore the fascinating possibilities for self-expression through this delightfully sensitive art form. Required materials discussed in first class.

Campbell Community Center

Instructor: Cathy Williams

Beginning

Jun 13-Aug 22	Th	1-4p	\$115	#3935
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Advanced

Jun 12-Aug 21	W	1-4p	\$126	#3942
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No class Jul 4; one additional no class date TBA

## Watercolor Impressions

Practice and experiment with new techniques. Learn from the instructor's demonstration each week. Work at your own pace and develop your own style of painting. Supplies will be discussed at the first class.

Amazon Community Center

Instructor: Lois Enman

Jun 24-Aug 12	M	6:30-9:30p	\$92	#2999
Jun 26-Aug 14	W	1-4p	\$92	#3000



## Watercolor Painting

Explore watercolor technique and develop drawing skills in a friendly, fun environment. Each class includes critique of student work and instructor demonstrations. Students are free to choose assignments from the instructor or develop personal projects.

Petersen Barn Community Center  
 Instructor: Kathie Ellen Ticknor  
 May 10-Jun 28 F 9:30a-12:30p \$96 #3993  
 Jul 5-Aug 30 F 9:30a-12:30p \$96 #3994  
 No class Jul 26

## What Went Wrong? Let's Fix It!

Everyone makes mistakes in painting – from overworked sections to wrong proportions to colors that just aren't right. In this friendly, supportive environment each artist will share a painting that needs fixing. The artwork will be critiqued by the class and together all will learn how to fix common mistakes.

Petersen Barn Community Center  
 Instructor: Jennifer Bernatz  
 May 8-Jun 5 W 1-3p \$40 #4016

## Cooking

### From the Garden to the Table

Want to eat healthier? Don't know how to cook veggies? This class will cover the basics of cooking vegetables and fruits. Working from whole foods, you'll make entrees and side dishes, snacks and appetizers.

Petersen Barn Community Center  
 Instructor: Plaedo Wellman  
 Jul 30-Aug 27 Tu 7:30-8:45p \$25 #4430

## Games

### Chess Nuts

Chess can help you build your concentration abilities, self-confidence and mental planning. Beginners and experienced players are welcome to participate in friendly competition.

Campbell Community Center  
 Ongoing W 9a-12p \$0.25 Drop-in

### Dodgeball

Join the Eugene Dodgeball community group to exercise year-round, try a new sport and meet some fun people. Competitive on the court, but also a community of friends that hang out, travel to tournaments together and support each other outside of dodgeball. For more information email [dodgeballeugene@gmail.com](mailto:dodgeballeugene@gmail.com) or see the Eugene Dodgeball group on Facebook.

Sheldon Community Center  
 May 1-Aug 21 W 6p-8p Drop-in  
 \$5 drop-in fee, first time is free

### Scrabble

Exercise your mind while having fun by playing Scrabble.

Campbell Community Center  
 Ongoing Tu 1-4p \$0.25 Drop-in

### Table Tennis

Table tennis is the perfect game as it provides exercise, recreation and a social outlet. Play in a friendly atmosphere open to all skill levels.

Amazon Community Center  
 Jun 28-Sep 20 F 12:15-3:30p \$0.50 Drop-in  
 Beginning players 12:15-1:30p, experienced players 1:30-3:30p

## Music

### Piano Lessons Ages 6+

Learn how to play the piano in a fun and relaxed environment. Private half-hour lessons include how to read music, exploring how the keyboard works to create your own music and technique exercises. All ages and levels welcome.

Amazon Community Center  
 Instructor: Sarah Rose  
 Jul 1-Aug 19 M 1-1:30p \$140 #3043  
 Jul 1-Aug 19 M 1:30-2p \$140 #3044  
 Jul 1-Aug 19 M 2-2:30p \$140 #3045  
 Jul 1-Aug 19 M 2:30-3p \$140 #3046  
 Jul 1-Aug 19 M 3-3:30p \$140 #3047  
 Jul 1-Aug 19 M 3:30-4p \$140 #3048

# Special Interest

## Cooking with Wild Mushrooms

Mushrooms add wonderful flavor and depth to dishes plus they provide valuable nutrition. The Cascade Mycological Society will introduce you to some of the many locally available wild mushrooms that are best for your table. Learn the best ways to clean them, preserve them and cook with them. Learn how to bring out their sumptuous flavor, and taste a dish made with seasonally available mushrooms.

Amazon Community Center  
May 24 F 7-8:30p \$10 #4794

## Creative Writing Workshop

Do you love to write? This is an ongoing, peer-led group of local writers crafting essays, memoirs, fiction and poetry. Any level, any type of creative writing is welcome.

Campbell Community Center  
Ongoing Th 12:30-2:30p #4426  
Term fee \$3, or drop-in fee \$0.25/day  
No workshop Jul 4

## Essential Oils for Health

Discover the therapeutic value of essential oils and how to choose the best oils to support your body. Experience twelve essential oils and learn their uses and history. Create a stress calming roll-on and a wonderful skin serum tailored to your skin type to take home. Registration is required and there is a \$20 materials fee (cash only, please).

Sheldon Community Center  
Jun 26 W 6:15-7:45p Free #3008

## Lettuce Grow Together Garden Club

A drop-in program for beginner and experienced gardeners alike to gather, learn and practice holistic organic-style gardening techniques. Attendees can expect guest speakers, book readings and various seasonally appropriate gardening and sustainability activities, so come meet other gardeners and get help with your garden.

Petersen Barn Community Center  
Jun 5-Aug 27 W 6-7:30p Free Drop-in

## Quantum Parenting Series

Series meets at Petersen Barn Community Center

### Introduction to Quantum Parenting

Understand the connection between quantum reality and parenting on a whole new level. Learn about the unseen energetics of relationship and tools to apply consciousness technology to heal your relationship with your child.

Jun 22 Sa 10a-12p Free #4707

### Quantum Parenting

As a follow-up to Introduction to Quantum Parenting, we dive deeper into the quantum effects of healing our wounds as an effective way to resolve familial cycles of pain that free our children from having to do so.

Jun 29 Sa 10a-12p \$20 #4709

### Being in Real-Time with Yourself

Understand how dark times are really a process of clearing out the static to your inner voice. Learn how to reengage your authenticity in real time to make aligned choices and respond instead of react. Realign with your soul-wisdom to move through life in grace. Realize how powerful, authentic choices truly change our world.

Jul 6 Sa 10a-12p \$20 #4708

### Saving Yourself to Save the World

Learn the quantum effects of your inner work on our world. Understand how saving yourself can change the collective. Get a peek into your gifts by discovering tools and practicing them as a group.

Petersen Barn Community Center  
Aug 3-10 Sa 9:30a-12p \$50 #4732

### The Womb Healing Series

Series meets at Petersen Barn Community Center

### Mystical Side of Your Moon

Learn about why your menstrual cycle is a preparatory initiation and gain empowered, inner tools on how to transform discomfort during that time of the month.

Jul 20 Sa 10a-12p \$20 #4725

### Postpartum Initiation

Receive potential insights and support about what you might be going through as a mother. Understand the psycho-spiritual, and even quantum, implications of this precious time and be supported in your transition into motherhood.

Jul 27 Sa 10a-12p \$20 #4728

# Technology

Technology classes are on pages 86-87.

# Urban Homesteading

Learn how to expand your food choices, improve the quality of your diet and enjoy the local bounty all year long. Each week offers a new topic from do-it-yourself food production such as fermenting and preserving to soap making and lip balms. Scholarships do not apply.

Instructor for all classes: Kevin Prier

## Balms & Salves

Learn to make a variety of skin creams, lip balms and herbal salves for gifts or a treat for yourself. Take home some lip balm and herbal salve.

Amazon Community Center				
Jul 20	Sa	2-4p	\$20	#3037
Campbell Community Center				
Jul 15	M	6:45-8:45p	\$20	#4324

## Beyond Sauerkraut

Ready to explore the world of fermentation? Learn how to make your own fermented pickles, salsa, hot sauce, a variety of fermented non-alcoholic beverages and even corned beef.

Campbell Community Center				
Aug 26	M	6:45-8:45p	\$20	#4327

## Edible Landscapes & Foraging

Don't just pull those weeds – eat them! Find out what native weeds are edible and how to prepare them. You will be surprised at how much food you've been throwing in the yard waste. Plant a variety of perennial vegetables and edible ornamentals for a beautiful and edible landscape. Learn about common wild foraging plants such as berries, flowers, greens, roots and common mushrooms and their habitats. A selection of free seeds and starts are included.

Meet at instructor's house

Jun 15	Sa	2-4p	\$20	#3033
Aug 10	Sa	2-4p	\$20	#3040
Jun 9	Su	2-4p	\$20	#4330
Aug 4	Su	2-4p	\$20	#4329

## Fermenting Kimchi & Kombucha

Learn fermentation basics as we turn a head (or several) of napa cabbage and a bunch of other goodies into kimchi and take home a pint to ferment and enjoy. A special modified technique lets you ferment directly in the jar. We will also make a batch of kombucha and there will be kombucha SCOBY to take home for anyone who wants it.

Amazon Community Center				
Aug 3	Sa	2-4p	\$20	#3039
Campbell Community Center				
Jul 29	M	6:45-8:45p	\$20	#4326



## Volunteer with Adaptive Recreation

Adaptive Recreation Services programs thrive with volunteers! We are seeking positive people who will assist in implementing a variety of recreation activities for individuals who experience disabilities. Volunteers may support patrons one on one, assist instructors with set-up and clean up & creative projects to be assigned. Previous experience working with individuals with disabilities is preferred but not required. Please contact:

**Brittany Oom, boom@eugene-or.gov, 541-682-8837** to learn more about any of our current volunteer opportunities.



## Wednesday, July 17 in the Park Blocks

**7pm** - Gathering with music, food carts and information about current and planned local services available to people needing shelter and housing in Eugene.

**8:30pm** - Short film on being unhoused in Eugene followed by **"Tony - The Movie."** This 74 min film focuses on Tony Rodriguez, a smart, articulate man who is unhoused in San Diego and agreed to work with filmmaker Dennis Stein to make a documentary looking for concrete solutions to homelessness. The film previews many of the actions we are working toward in Eugene and lets you see how well they succeed in other communities across the country.

Sponsored by the Eugene Human Rights Commission and CALC



### Homemade Condiments

Make your next picnic amazing with your own homemade condiments. Learn how to make mayonnaise, mustard, ketchup and relish and how to tailor each recipe to make your own signature versions. Bring three small containers to take home a share of what we make in class.

Campbell Community Center  
 Jul 1 M 6:45-8:45p \$20 #4322

### Making Jam

Put summer in a jar by making your own fruit jam. Homemade jam can have much less sugar than commercial, and the potential varieties are endless. We will make and can a batch in class from fresh local fruit and you can take a jar home for yourself.

Amazon Community Center  
 Jun 22 Sa 2-4p \$20 #3034

Campbell Community Center  
 Jun 17 M 6:45-8:45p \$20 #4331

### Outdoor Herbsals

Learn how to make insect repellent creams and sprays, healing salves and learn about the SPF potential of various herbal combinations. Take home a share of what we make in class.

Amazon Community Center  
 Jun 29 Sa 2-4p \$20 #3035

Campbell Community Center  
 Jun 24 M 6:45-8:45p \$20 #4334

### Preserving Fruits & Vegetables

A lot of information out there makes home preserving sound complicated and potentially dangerous. With a few simple precautions it's neither of those things. Learn the basics and benefits of home preserving and start eating cheaper, fresher, healthier and more locally. We will discuss proper canning techniques (including what you can and

can't process in a steam canner), blanching, freezing techniques and drying herbs, fruits and vegetables. We will also talk about what methods are best for a variety of foods and why.

Amazon Community Center  
 Jun 1 Sa 2-4p \$20 #3032

Campbell Community Center  
 Jun 3 M 6:45-8:45p \$20 #4335

### Sausage Making

If you love sausages but hate what goes into the ones from the grocery store, you can learn how to make your own from wholesome ingredients. Develop your own spice mix so your sausage is as mild or spicy as you like.

Amazon Community Center  
 Jul 13 Sa 2-4p \$20 #3036

Campbell Community Center  
 Jul 8 M 6:45-8:45p \$20 #4323

### Seed Saving

Learn a variety of techniques for saving heirloom vegetable seeds for planting next year, including ideal harvest times, collection techniques, preparation/drying and proper storage.

Amazon Community Center  
 Aug 17 Sa 2-4p \$20 #3041

Campbell Community Center  
 Aug 12 M 6:45-8:45p \$20 #4328

### Soap Making

Learn the basics of making bar soap from scratch. We will discuss the chemistry of saponification, properties of different base oils and local sources for fragrance oils and other additives while we make a batch of soap. You will also learn how to make liquid soap and two forms of laundry soap. Take home a share of the soap we produce.

Amazon Community Center  
 Jul 27 Sa 2-4p \$20 #3038

Campbell Community Center  
 Jul 22 M 6:45-8:45p \$20 #4325

### Winter Gardening

Learn to plan out a small-medium sized family garden. Learn what vegetables do well over winter in our climate and how to maximize production from a small space.

Amazon Community Center  
 Aug 24 Sa 2-4p \$20 #3042

Campbell Community Center  
 Aug 19 M 6:45-8:45p \$20 #4333

# Trips

*Descriptions are on pages 88-91.*

Dates	Day	Time	Title	Charge	See Page	Meet At
May 30	Th	9a-5p	<b>Frugal Fun in Florence</b>	\$19	88	Campbell
May 30	Th	10-11:30a	<b>Walking Tour Riverfront Steam Plant</b>	Free	88	Campbell
Jun 8	Sa	9:30a-2:30p	<b>Tour Willamette Confluence Preserve</b>	Free	89	Campbell
Jun 11	Tu	8a-4:30p	<b>Molalla Country Farm Loop</b>	\$34	89	Pete Barn
Jun 11	Tu	10-11:30a	<b>Tour of the Eugene Public Library</b>	Free	89	Library
Jun 13	Th	8:30a-3p	<b>Yamasa Soy Sauce Factory Tour</b>	\$28	89	Campbell
Jun 14	F	5-9p	<b>An Evening at Saginaw Vineyard</b>	\$16	89	Sheldon
Jun 21	F	10a-5p	<b>Mystery Wine Tour</b>	\$30	89	Campbell
Jun 25	Tu	9a-4:30p	<b>Meandering McKenzie Waters</b>	\$32	90	Campbell
Jun 25-27	Overnight		<b>Whales &amp; Wildcards</b>	Varies	90	Campbell
Jun 28	F	5:30-8:30p	<b>Sarver Winery</b>	\$11	90	Pete Barn
Jul 5	F	9a-2:30p	<b>Black Sheep Gathering</b>	\$20	90	Pete Barn
Jul 12	F	9:30a-5p	<b>Barn Owl Lavender Farm</b>	\$34	90	Campbell
Jul 13	Sa	9:30a-3:30p	<b>Corvallis Historic Homes Trolley Tour</b>	\$22	90	Pete Barn
Jul 23	Tu	10a-5p	<b>Sebright Hosta Gardens</b>	\$32	90	Campbell
Jul 28	Su	9a-3p	<b>Santiam Excursion Train Trip</b>	\$26	90	Campbell
Aug 11	Su	9a-6:30p	<b>Sawdust Theatre</b>	\$35	91	Campbell
Aug 13	Tu	9a-4p	<b>Giant Dune Buggy Ride</b>	\$44	91	Pete Barn
Aug 15	Th	10:30a-3:30p	<b>Progressive Lunch</b>	\$25	91	Pete Barn
Aug 15	Th	10:30a-3:30p	<b>Progressive Lunch</b>	\$25	91	Campbell
Aug 17	Sa	7:30a-5p	<b>Coquille Annual Citywide Yard Sale</b>	\$35	91	Pete Barn
Aug 24	Sa	9a-5p	<b>Swan Island Dahlia Festival</b>	\$35	91	Sheldon
Aug 29	Th	9a-5p	<b>Frugal Fun in Florence</b>	\$19	88	Campbell
Sep 7	Sa	9:30a-2:30p	<b>Tour Willamette Confluence Preserve</b>	Free	89	Campbell
Sep 14	Sa	8a-6p	<b>Coquille Tribal Salmon Bake</b>	\$35	91	Campbell
Dec 2-5	Overnight		<b>Christmas in Leavenworth</b>	Varies	91	Campbell
Apr 18-26, 2020	Overnight		<b>Tropical Costa Rica, Collette Tours</b>	Varies	91	Campbell

