



Youth Activities

Arts

Abstract Painting Ages 12+

Explore color and shape in this abstract painting class and learn to paint with more freedom and feeling. This is not a watercolor class. Materials discussed in first class.

Amazon Community Center

Instructor: Will Paradis

Jan 20-Feb 24 Sa 10a-1p \$111 #25942

Apr 6-May 11 Sa 10a-1p \$111 #25945

Acrylic Painting Ages 10-15

Explore various subjects like animals, landscapes and portraits on canvas. Begin with guided projects, then transition to independent painting. Acrylic paints offer versatility and vibrant results. List of required materials will be emailed before first class.

Amazon Community Center

Instructor: Taro Baugnon

Jan 12-Mar 1 F 4-5p \$63 #25948

Apr 5-May 24 F 4-5p \$63 #25950

Character & Creature Illustration Ages 12-15

Design characters, creatures, costumes and props. Learn about shape design, value arrangement and visual storytelling. Together, our class will establish a world and design a new character that lives in it each week. Students are welcome to design characters for the setting we develop in class or their own setting.

Amazon Community Center

Instructor: Nikolai O (they/them)

Apr 1-Jun 3 M 4-5p \$56 #27186

No class May 27

🎰 *Uses the lottery system, see box on page 23.*

Clay Wheel Throwing & Handbuilding Ages 10-15

Learn basic and advanced techniques of wheel throwing, handbuilding and glazing. Take home your own pots and bowls to share with your family. No prior clay or pottery experience is necessary, just a willingness to try new things. Work at your own pace.

Amazon Community Center

Instructor: Amy Graves

Jan 24-Mar 13 W 3:45-5:45p \$128 #27174

Apr 10-May 29 W 3:45-5:45p \$128 #27175

🎰 *Uses the lottery system, see box on page 23.*

Construction Zone Ages 10-13

Use your imagination to build and craft crazy contraptions, catapults and Rube Goldberg machines. We will explore the use of tools and design in a safe and creative environment.

Petersen Barn Community Center

Jan 20-Mar 23 Sa 12:30-1:30p \$50 #26931

Apr 13-Jun 1 Sa 12:30-1:30p \$40 #26932

Craft Club Ages 9-13

Students will make one larger project throughout the session as well as participate in small, daily crafts. It could be crocheting, knitting, working with clay or painting bird houses. At the end of each session, students will be able to take home their project. Get your youth inspired about fiber arts, clay making and painting and give them a wonderful chance to socialize and create with fellow crafty friends.

Petersen Barn Community Center

Instructor: Jay Hall Schnurrpusch

Jan 10-Mar 13 W 3:30-4:45p \$60 #26747

Apr 3-Jun 12 W 3:30-4:45p \$66 #26748

Drawing & Illustration Ages 10-15

Create dynamic figures, get proportions right and make your artwork more expressive. Improve your artistic skills by learning techniques like lines, shading, space, rhythm and color. With practice, you'll develop your unique artistic voice and style. List of required materials will be emailed before first class.

Amazon Community Center

Instructor: Taro Baugnon

Jan 11-Feb 29 Th 4-5p \$63 #25969

Apr 4-May 23 Th 4-5p \$63 #25970

Fashion Design, Beginning Ages 10-14

A unique and exciting class designed for youth, encouraging their visions in creating fashionable new clothing. Youth will be given the opportunity to create and learn how to use a sewing machine.

Petersen Barn Community Center

Instructor: Kayla Boyce

Jan 22-Mar 4 M 4-5:45p \$60 #26823

Apr 8-May 13 M 4-5:45p \$60 #26824

No class Feb 19

Fashion Design, Intermediate Ages 11-16

Design your own stylish clothes and accessories using fun fabrics and patterns. Be creative and get tips from an experienced sewing instructor. Basic sewing skills and use of a sewing machine are required.

Petersen Barn Community Center

Instructor: Kayla Boyce

Jan 23-Feb 27 Tu 4-5:45p \$60 #26825

Apr 9-May 14 Tu 4-5:45p \$60 #26826

Jewelry Making Basics Ages 11-17

Learn the basics and techniques of jewelry making by using wire, beads and various hand tools. Work on a few start-to-finish projects by making a bracelet, earrings, charms and a necklace. Take these skills to another level by learning to repair, repurpose and upcycle jewelry pieces of your own.

Petersen Barn Community Center

Instructor: Debbie Troutz

Jan 20-Mar 23 Sa 12:30-2p \$60 #26967

Apr 13-Jun 1 Sa 12:30-2p \$48 #26968

Painting Color & Light Ages 12-15

From naturalistic to fantastical, we will explore light, shadow, color and other visual effects in detail. Each week we will focus on a different topic, starting from the qualities of natural light to developing our own language of light and color. Students are encouraged to work in their own style. Recommended for students who feel comfortable drawing on their own.

Amazon Community Center

Instructor: Nickolai O (they/them)

Jan 22-Mar 25 M 4-5p \$56 #27187

No class Feb 19

🎰 *Uses the lottery system, see box on page 23.*

Tween-Teen Craft Club Ages 13-18

Students will make one larger project throughout the session as well as participate in small daily crafts. It could be crocheting, knitting, working with clay or painting. At the end of each session students will be able to take home their projects. Get your teen inspired about multiple craft mediums while giving them a chance to socialize with fellow crafty friends.

Petersen Barn Community Center

Instructor: Jay Hall Schnurrpusch

Jan 11-Mar 14 Th 3:30-4:45p \$60 #26792

Apr 4-Jun 13 Th 3:30-4:45p \$66 #26793



Cooking

Cooking on a Budget 🍷 Ages 12-16

We'll teach you how to seriously level up your instant ramen game, add a delicious twist to those frozen waffles and turn plain cream cheese into a total flavor bomb.

Petersen Barn Community Center

Instructor: Debbie Troutz

Jan 20-Mar 23	Sa	10-11:30a	\$60	#26914
Apr 13-Jun 1	Sa	10-11:30a	\$48	#26916

Dance

Toddler & Me Dance Ages 2-3 with adult

Dance together with your child while exploring movement and play. This is a great opportunity for little ones to explore dance with the comfort of their parental figure.

Petersen Barn Community Center

Instructor: Jay Hall Schnurppusch

Jan 11-Mar 14	Th	11:30a-12p	\$40	#26769
Apr 4-Jun 13	Th	11:30a-12p	\$44	#26770

Creative Movement Ages 3-5

Explore rhythm, balance and awareness. This is a great opportunity for youth to explore dance. This is a child-only class to help students learn how to be independent in the classroom without their parent/guardian. On the last day of the session, parents/guardians will be allowed in the class to participate with their child.

Petersen Barn Community Center

Instructor: Jay Hall Schnurppusch

Jan 11-Mar 14	Th	1-1:30p	\$40	#26773
Apr 4-Jun 13	Th	1-1:30p	\$44	#26774

Pre-Ballet Ages 3-4, 4-5 & 5-6

Explore all the basics of ballet technique. Your child will stretch, leap and dance. Students will discover their love of dance with fun music. Some ballet shoes are available to borrow. Students are encouraged to wear something they can easily move in. This is a child-only class to help students learn how to be independent in the classroom without their parent/guardian. On the last day of the session, parents/guardians will be allowed in the class to participate with their child.

Petersen Barn Community Center

Instructor: Jay Hall Schnurppusch

Ages 3-4

Jan 11-Mar 14	Th	10-10:30a	\$40	#26753
Apr 4-Jun 13	Th	10-10:30a	\$44	#26759

Ages 4-5

Jan 11-Mar 14	Th	10:45-11:15a	\$40	#26760
Apr 4-Jun 13	Th	10:45-11:15a	\$44	#26761

Ages 5-6

Jan 8-Mar 11	M	3:30-4p	\$32	#26718
Apr 1-Jun 10	M	3:30-4p	\$40	#26719

No class Jan 15, Feb 19, May 27

Ballet Ages 6-9

Learn basic ballet postures while experimenting with creative movement. Emphasis will be on developing rhythm, balance and creativity.

Petersen Barn Community Center

Instructor: Jay Hall Schnurppusch

Jan 8-Mar 11	M	4:15-5p	\$40	#26720
Apr 1-Jun 10	M	4:15-5p	\$50	#26721

No class Jan 15, Feb 19, May 27

Ballet Barre & Center Ages 16+

Dip your toes into dance in this welcoming and fun class. Learn the fundamentals of ballet through barre, center and across-the-floor exercises helping to gain flexibility and strength. Each class is unique to the participants. All levels welcome.

Petersen Barn Community Center

Instructor: Jay Hall Schnurppusch

Jan 8-Mar 11	M	5:30-6:45p	\$60	#26723
Apr 1-Jun 10	M	5:30-6:45p	\$75	#26724
Jan 10-Mar 13	W	5:15-6:30p	\$75	#26749
Apr 3-Jun 12	W	5:15-6:30p	\$83	#26750

No class Jan 15, Feb 19, May 27

Pre-Tap Dance Ages 4-5 & 5-6

This playful tap class will focus on coordination, memorization and rhythmic skills. Dancers will have fun learning a short routine to share at the end of the session. Some tap shoes are available to borrow. Wear comfortable clothing. This is a child-only class to help students learn how to be independent in the classroom without their parent/guardian. On the last

day of the session, parents/guardians will be allowed in the class to participate with their child.

Petersen Barn Community Center

Instructor: Jay Hall Schnurrpusch

Ages 4-5

Jan 11-Mar 14 Th 12:15-12:45p \$45 #26771

Apr 4-Jun 13 Th 12:15-12:45p \$50 #26772

Ages 5-6

Jan 10-Mar 13 W 2:45-3:15p \$41 #26736

Apr 3-Jun 12 W 2:45-3:15p \$50 #26739

No class Feb 7

Tap Dance, Beginning Ages 6-9

This class will focus on learning the fundamentals of tap as well as playing with rhythm and style. Dancers will learn a short routine to show off their new moves at the end of the session. Some tap shoes are available to borrow. Wear comfortable clothing and come ready to make some noise.

Petersen Barn Community Center

Instructor: Jay Hall Schnurrpusch

Jan 2-Mar 12 Tu 3:15-4p \$50 #26727

Apr 2-Jun 11 Tu 3:15-4p \$50 #26730

Hip-Hop Ages 14+

All experience levels, bodies and genders are welcome. This class will explore set hip-hop sequences as a group and guided free-flow explorations individually. Come develop your moves in a safe space allowing you to express yourself and feel confident. Sneakers are suggested.

Sheldon Community Center

Instructor: Steph Young

Mar 4-25 M 7-8p \$20 #26635

Apr 29-May 20 M 7-8p \$20 #26639

Modern Dance Ages 16+

Modern dance is the rebellious younger sibling to ballet. Learn the rules to break through flowy and full movement that extends through the whole body. Explore structured and improvised movement in a supportive environment and gain flexibility and grace. All levels welcome.

Petersen Barn Community Center

Instructor: Jay Hall Schnurrpusch

Jan 9-Mar 12 Tu 5:30-6:45p \$75 #26731

Apr 2-Jun 11 Tu 5:30-6:45p \$83 #26734

Tween-Teen Dance Sampler Ages 12-18

Learn three essential styles: tap, jazz and ballet. The end of the session will culminate in a small informal performance. Some ballet and tap shoes available to borrow. Jazz shoes recommended but not required. Wear comfortable clothing and come ready to groove.

Petersen Barn Community Center

Instructor: Jay Hall Schnurrpusch

Jan 9-Mar 12 Tu 4:15-5:15p \$60 #26787

Apr 2-Jun 11 Tu 4:15-5:15p \$66 #26788

National Dance Week
All ages & abilities welcome!
April 19-28

Eugene Cultural Services
eugene-or.gov/NDW

Martial Arts

Fencing Ages 8-11 & 12+

Fencing has much history, art, style and drama plus it's a fun physical activity for kids and parents. This class series is an introduction to foil fencing. It concentrates on discipline, balance, coordination, sportsmanship and above all, fun. Parents are welcome to participate. Equipment provided.

Amazon Community Center

Instructor: Carl Knoch

Beginning, Ages 8-11

Jan 8-Mar 4	M	6-6:45p	\$60	#26521
Apr 15-Jun 10	M	6-6:45p	\$70	#25912
Jan 10-Feb 28	W	6-6:45p	\$80	#25906
Apr 3-May 22	W	6-6:45p	\$80	#26655

Beginning, Ages 12+

Jan 10-Feb 28	W	7-8p	\$108	#25907
Apr 3-May 22	W	7-8p	\$108	#25911

Intermediate, Ages 12+

Jan 10-Feb 28	W	8-9p	\$108	#25908
Apr 3-May 22	W	8-9p	\$108	#25913

No class Jan 15, Feb 5, 19, May 6, 27

Intro to Capoeira Ages 5-8, 9-12 & 13+

Capoeira is a Brazilian martial art that incorporates elements of dance and acrobatics in a game of ritual combat. This course is designed for beginners and focuses on the core movements of capoeira: footwork, kicks, escapes, inversions, balance, flexibility and flow. Classes are set to music and are designed to gradually build strength, balance and coordination for improvised free-form play. Not eligible for scholarships.

Amazon Community Center

Instructor: Davey Jackson

Ages 5-8

Jan 9-30	Tu	5:45-6:30p	\$78	#25927
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Ages 9-12

Feb 27-Mar 19	Tu	5:45-6:30p	\$78	#25928
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Ages 13+

Apr 2-23	Tu	5:45-6:30p	\$78	#25929
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Taekwondo Ages 5-7 & 8-12

Develop a better awareness of your potential through the practice of taekwondo. This physical sport uses all the muscles and joints in the body while developing mental abilities that promote focus and self-discipline. Classes are non-combative and focus on providing the structure, knowledge and skills students will use to live a more confident, empowered life. Not eligible for scholarships.

Echo Hollow Pool & Fitness Center

Instructors: US TaeKwonDo College

Ages 5-7

Jan 24-Feb 28	W	4-4:45p	\$35	#26806
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Apr 10-May 8	W	4-4:45p	\$35	#26807
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Ages 8-12

Jan 24-Feb 28	W	5-6p	\$40	#26809
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Apr 10-May 8	W	5-6p	\$40	#26810
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No School Days

Sheldon Elementary

No School Days Ages 5-10

Open to all youth in grades K-5. A letter detailing the day will be sent to families at least one week prior to the program.

Sheldon Community Center

Spring Into Spring

Join us as we spring into spring at DEFY Gym! So, bounce on in and enjoy the no school day here at Sheldon packed with tons of fun!

Feb 1	Th	9a-5:30p	\$42	#26604
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Sheldon's Amazing Race

Test yourself with physical and mental challenges while working on a team to finish the Amazing Race.

Mar 25	M	9a-5:30p	\$36	#26617
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★ Uses the lottery system, see box.

Game Show Greatness

Let the greatness begin. Join us for fun games and activities based on various game shows and show us what you got.

Mar 26	Tu	9a-5:30p	\$36	#26658
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★ Uses the lottery system, see box.

Annie Easley Science Camp

Annie Easley was one of the first rocket scientists in America, a pioneer in her time. Let this camp inspire your youth to be an inventor, scientist or creator like Annie Easley.

Mar 27	W	9a-5:30p	\$36	#26666
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★ Uses the lottery system, see box.

Going Green

Sheldon is going green. We will be exploring nature, all things spring and how we can protect the environment. Join us for green games, art and amazing activities.

Mar 28 Th 9a-5:30p \$36 #26667
 ☆ Uses the lottery system, see box.

Katherine Cheung Aviation Day

This no school day camp was inspired by Katherine Sui Fun Cheung, who became the first Asian American female aviator in 1932. She spent her life working to break the tradition of quiet Asian girls and to teach them to fly instead. Join us as we take a tour of the Oregon Air Museum and spend the day doing various games, crafts and activities themed around aviation.

Apr 12 F 9a-5:30p \$42 #26934

Construction & Contraption Camp Ages 8-11

Caution! This is a construction zone. Use your intellect to imagine, design, build and craft crazy contraptions, catapults and castles. If you can think it, you can create it.

Petersen Barn Community Center
 Mar 25-29 M-F 8:30a-5:30p \$192 #26811
 ☆ Uses the lottery system, see box.

Dance Camp Ages 6-8 & 9-13

Step, tap, turn. In this camp we will explore the fundamentals of ballet, jazz, tap and modern. Youth will develop fine motor skills, use lateral thinking and be inspired. On the final day students will have the opportunity to showcase their creative works in an informal performance. This camp is the perfect introduction to a variety of dance styles. Novice and experienced dancers welcome.

Petersen Barn Community Center
 Ages 6-8
 Mar 25-29 M-F 9a-12p \$75 #26812
 Ages 9-13
 Mar 25-29 M-F 1-4p \$75 #26819
 ☆ Uses the lottery system, see box.

Savvy Snow Skills Ages 9-12

Let's go play in the snow and learn some valuable skills, too. Spend the day at Gold Lake Sno-Park near Willamette Pass. Use snowshoes, try and pull a rescue toboggan, build a snow cave and learn some valuable cold-weather survival skills. All equipment and transportation to the snow provided. Partnership with River House Outdoor Center and Willamette Backcountry Ski Patrol.

Meet at River House Outdoor Center
 Feb 19 M 8:30a-4:30p \$65 #26799



Bethel No School Day Adventures Ages 12-15

We will be going on all-day adventures exploring the joys of Oregon from the mountains to the coast.

Meet at Petersen Barn Community Center

Salt Creek Summit Snow Park

Visit Salt Creek Sno-Park to go sledding and tubing, weather permitting.

Feb 16 F 9a-5p \$60 #26833

Wildlife Safari

Visit Oregon's Wildlife Safari in Winston to see some amazing animals from bison to cheetahs.

Apr 26 F 9a-5p \$60 #26832

☆ Lottery System

1. For starred trips and classes, sign up for the lottery. The lottery will be open until 11:59 p.m. Dec. 3. No payment is due at this time.
2. Staff will use a randomization system to select participants. Starting Dec. 4, you'll be notified by email if you are selected or not.
3. If selected, you have until 11:59 p.m. Dec. 10 to register and pay. You can follow the link in the email to register online, or call or visit a Rec center.

For more information, go to GetRec.org/lottery.

Outdoor

Mountain Bike Club Ages 11-17

Whether you've never mountain biked a day in your life or you've been hitting the trails for years, join the River House Mountain Bike Club to learn and develop your mountain bike handling skills. Club participants will need to be dropped off and picked up at various locations to maximize time on the bike.

River House Outdoor Center
 May 10-31 F 4-7p
 Jun 1 Sa 10a-3p \$200 #27003
 ⚙ *Uses the lottery system, see box.*

Rock Climbing Club Ages 11-17

The Rock Climbing Club is designed for beginner to intermediate climbers looking to learn the basics or refine existing skills. It is held one night a week over four consecutive weeks. Participants will need to be dropped off and picked up at various locations to maximize time on the rock. Includes indoor and outdoor climbing experiences.

River House Outdoor Center
 Apr 29-May 20 M 4-7p \$170 #27006
 ⚙ *Uses the lottery system, see box.*

Kayak Club Ages 11-17

Learn how to flatwater and river kayak and refine existing skills. Kayak Club is held over several weeks and includes beginner, intermediate and advanced sessions. Club participants will need to be dropped off and picked up at various locations to maximize time on the water. This is the best way to improve kayaking skills and is a prerequisite for the River House Youth Kayak Team.

Meet at River House Outdoor Center

Beginner Kayak Club

The session will start paddlers with basics, building the needed foundation to grow upon. The class will begin in a flatwater environment and use sit-on-top kayaks. Gradually this session will work up to paddling on local rivers and potentially using sit-inside kayaks while covering all the information needed to be a competent river kayaker.

Apr 16-25 TuTh 4-7p \$170 #27008
 ⚙ *Uses the lottery system, see box.*

Intermediate Kayak Club

This session is designed for participants who have some experience paddling and are ready to refine and improve their paddling proficiency. We will focus on skills including river rescue, hydrology, group management and trip planning.

Advanced paddling skills such as paddling in dynamic water, playboating and paddling efficiency will also be taught.

Apr 30-May 9 TuTh 4-7p
 May 11 Sa 9a-5p \$200 #27009
 ⚙ *Uses the lottery system, see box.*

Kayak Team Ages 11-17

Kayak Team is designed for participants who want to grow their skills in Class II/III river running and are excited to gain skills in kayak subgenres such as slalom kayaking, freestyle kayaking and surf kayaking. We will have flatwater/pool nights, river skills days and river running days. We will focus on advanced skills including river rescue, hydrology, group management and trip planning. Includes an overnight camping trip. There are free info sessions for anyone who wants more information about the team. Participants must have taken the Beginner or Intermediate Kayak Club or have instructor approval to join.

Info Sessions at River House Outdoor Center
 Mar 12 Tu 5-7p Free #26740
 Mar 19 Tu 5-7p Free #26741

Meet at River House Outdoor Center
 Apr 17 W 4-7p
 May 1-29 W 4-7p
 May 18-19 Sa 8a-Su 6p
 Pool Practice at Echo Hollow Pool
 May 23 Th 8-10p \$350 #26758

Youth Swiftwater Rescue Ages 11-17

This course will help youth gain confidence, understanding and awareness of the river environment. The course focuses on fun experiences and hazard avoidance through hands-on initiatives, lessons and scenarios. It is ideal for youth interested in any type of river recreation such as kayaking, rafting and stand-up paddleboarding.

River House Outdoor Center
 Introduction
 Jun 1 Sa 10a-4p \$70 #26800
 Advanced
 Jun 2 Su 10a-4p \$70 #26801

⚙ Lottery System

1. For starred trips and classes, sign up for the lottery. The lottery will be open until 11:59 p.m. Dec. 3. No payment is due at this time.
 2. Staff will use a randomization system to select participants. Starting Dec. 4, you'll be notified by email if you are selected or not.
 3. If selected, you have until 11:59 p.m. Dec. 10 to register and pay. You can follow the link in the email to register online, or call or visit a Rec center.
- For more information, go to GetRec.org/lottery.



Kayak Roll Sessions with Instruction Ages 11-17

Opportunities to work on your kayak rolling skills with instructors. Price includes boat, skirt, paddle and pool entrance fee. Bring your own nose plug and goggles if you need them. For more information call 541-682-5329.

Echo Hollow Pool & Fitness Center			
Jan 25	Th	8-10p	\$40 #26722
Feb 22	Th	8-10p	\$40 #26728
Mar 21	Th	8-10p	\$40 #26733

Open Boating, Self-Guided Kayak Practice Ages 12+

Practice your paddle strokes and develop your kayak roll in an indoor pool. Bring your own thoroughly cleaned boat and gear. No instruction provided. Youth under 13 must have an adult guardian present. For more information call 541-682-5329. Pool admission fees apply, *see page 33*.

Echo Hollow Pool & Fitness Center			
Jan 4-May 30	Th	8:30-10p	\$6 Drop-in

Archery Ages 11-17

The River House Archery program aims to teach youth, adults and families the skills needed to become proficient archers and to develop a lifelong passion for traditional shooting. Archery has been shown to improve motivation, attention, discipline and focus. This program helps participants develop their fine and gross motor skills, including their balance, timing and breathing regulation, alongside acting as a great social opportunity.

River House Outdoor Center			
Introduction to Archery			
May 18	Sa	10a-4p	\$50 #26975
Archery Club			
Apr 2-11	TuTh	4-7p	\$170 #27011
🎯 Uses the lottery system, see box.			

Youth Sail Night Ages 11-17

Enjoy an evening of sailing at Fern Ridge Reservoir gaining experience sailing a J-24. Depending on group experience we can participate in the friendly sail race or cruise around the lake. Bring an extra layer, water bottle and a snack.

Meet at Richardson Park Marina, Dock B, on Fern Ridge Reservoir
 May 16 Th 5:30-8:30p \$65 #26892
 May 23 Th 5:30-8:30p \$65 #26893
 Marina parking requires a Lane County fee of \$5/day, \$50/year
 Purchase online at lanecounty.org

Skateboarding

Skateboard Club Ages 6+

Progress from our first two meetings at the Cal Young Skatepark to our final two meetings at the Washington-Jefferson Skatepark. Learn the fundamentals of skateboarding and park riding. Helmets are required, and full pads are highly recommended. Gear is available for loan.

Cal Young Skatepark, 2555 Gilham Road, first two days			
Washington-Jefferson Skatepark, 150 Jefferson St., last two days			
Session 1			
Apr 15-24	MW	5-7p	\$85 #26818
Session 2			
Apr 20-28	SaSu	10a-12p	\$85 #26815
Session 3			
May 4-12	SaSu	10a-12p	\$85 #26817
Session 4			
May 13-22	MW	5-7p	\$85 #26820

Skateboarding, Build a Board Ages 8-17

From wheels to trucks, board and grip tape, this class will teach you how to build a skateboard board from the ground up. As an added bonus, you will leave the class with your very own brand-new skateboard, ready to ride. This class supplies all the gear needed to build a skateboard and will teach you how to do it. If you are interested in learning how to skateboard or have been skateboarding for a long time and want to replace your board, this is a great starting point.

River House Outdoor Center			
Feb 23	F	4-7p	\$120 #26822
Mar 21	Th	4-7p	\$120 #26821

Skatepark Safari Ages 11-17

Explore local skateparks during Spring Break. Improve your skills, explore different features and learn from River House instructors. At least one skatepark will be visited each day and may include: Cal Young, Washington-Jefferson, Amazon (aka Snakerun), Emerald, Bethel Community Park, Churchill, Trainsong, Springfield or Junction City.

Meet at River House Outdoor Center			
Mar 25-29	M-F	9a-2p	\$220 #26830

Skiing & Snowboarding

Youth Ski Bus Ages 12-17

The River House ski bus offers an easy way for youth to access the Willamette Pass Ski Area. The ski bus price includes transportation from Eugene to the ski area, access to the bus at lunchtime and return transport to Eugene. Additionally, Willamette Pass is offering discounted ski lift tickets, ski or snowboard rentals and first-time lessons as ski bus add-on options.

Meet at Sheldon Community Center

Jan 20	Sa	7a-7p	#26775
Feb 3	Sa	7a-7p	#26778
Feb 17	Sa	7a-7p	#26780
Mar 2	Sa	7a-7p	#26782
Mar 16	Sa	7a-7p	#26784
Mar 30	Sa	7a-7p	#26786

Meet at Echo Hollow Pool

Jan 13	Sa	7a-7p	#26991
Jan 27	Sa	7a-7p	#26993
Feb 10	Sa	7a-7p	#26995
Feb 24	Sa	7a-7p	#26997
Mar 9	Sa	7a-7p	#26999
Mar 23	Sa	7a-7p	#27001

Ski bus only: \$15

Full-day ski ticket: \$35

Full-day ski or snowboard rental: \$40

First-time lesson: Free

Youth Inclusion Services

We recognize that some youth require additional support in order to participate fully in recreational activities. Through the Inclusion Services program, parents, caregivers and youth work with the Inclusion Services Coordinator to create a plan to support the youth's individual needs. This process will be unique to each participant and we look forward to working collaboratively to support every child.

Inclusion services are available by discussing the request with the person taking your registration and/or requesting accommodations using a Youth Inclusion Services Request form. Once a request has been received, a Recreation staff member will contact you. For more information contact Nicole Cooksley at 541-682-5359.

Support Groups

LGBTQ+ Youth Group Ages 13-18

LGBTQ+ teens can drop in for support, conversation and connection. This activity is adult-facilitated and free. No registration is required. For more information call Amazon Community Center at 541-682-5373.

Amazon Community Center

Ongoing F 4-6p Free Drop-in

Technology

Exploring Electronics Ages 14+

These classes are designed to introduce teens and young adults to the basics of electronics. Skills covered in these classes can help you become more self-reliant, develop new skills and save – or even earn – some money.

Sheldon Community Center

Instructor: Michael Brooks

iPhone, iPad & Android Screen Repair

Your eyes widen and your heart skips a beat as your several hundred-dollar phone drops to the ground. You can tell by the “thwack” you heard that the screen is toast. Not to worry. With the skills you learn, and the toolkit included in the cost of this class, you take your beloved phone home and fix it yourself. Taught by a retired engineer, you will learn how to take apart, replace and rebuild your smartphone screen. This is a great class for teens looking to save (or earn) some money.

Mar 26 Tu 10a-2p \$40 #26060

Introduction to Home Electronics

Repairing an electrical outlet in your home can be intimidating. That is, unless you've had some instruction from a retired engineer. Join us for an introduction to home electrical systems. Learn how they work, how to troubleshoot, what's an easy fix and when it's time to call a professional. This hands-on class will start you on your way to saving some money or maybe even a new hobby or career.

Mar 27 W 10a-2p \$20 #26071

Wellness

Flower Power: Self Defense for Girls Ages 9-12 & 13-16

This class is designed to empower female-identified youth by equipping them with essential self-defense skills from an early age. We will focus on consent, saying “no,” boundary setting, safety planning and learning physical moves. Through learning these skills, this class will provide a foundation for a lifetime of self-confidence, personal safety and empowerment.

Amazon Community Center

Instructor: Tonya Valadez

Ages 9-12

Jan 11-Feb 29 Th 4-5p \$43 #25983

Apr 4-May 23 Th 4-5p \$43 #25984

Ages 13-16

Jan 10-Feb 28 W 4-5:30p \$64 #25985

Apr 3-May 22 W 4-5:30p \$64 #25986



here to help you move in a way that feels seen and supported. No prior yoga experience is required. All bodies, abilities and experience levels are welcome.

Sheldon Community Center

Jan 10-May 29 W 7-8p Free #25904

No class Mar 27

Yoga

Gender Diverse Yoga Ages 13+

This class is for all people who are transgender, gender diverse, nonbinary, gender nonconforming and/or questioning. To be at home in your body is a human right as well as an immense gift and privilege, and TransPonder is

Queer Family Yoga Ages 8+

Join TransPonder for a fun and vibrant yoga class for LGBTQIA2S youth and their family. No prior yoga experience is required. All bodies, abilities and experience levels are welcome.

Sheldon Community Center

Jan 10-May 29 W 6-7p Free #25905

No class Mar 27



Rent the historic

Wayne Morse Family Farm

for your next event!

This former farm was home to the man who came to symbolize political integrity and service in the USA: Senator Wayne L. Morse. The picnic shelter is available for rental events May through October. For information, call the park office at (541) 682-5380.

Teen Empowerment

fb.com/eugyep
instagram.com/eugyep

Funded by the Community Safety Payroll Tax, the Teen Empowerment Program works with community partners to empower teens by building life and job skills, offering access to caring youth and adult mentors and increasing access to other vital community resources. Programs are designed to be low-barrier and inclusive so that every young person is provided the opportunity to grow up safely and access their best possible future. More information can be found at GetRec.org/empowerment.

All programs are free and provide food.

BIPOC Water Safety & Lifeguard Cohort Ages 12-18

BIPOC youth can increase their skills in the water and potentially train as lifeguards. Depending on age and skill level, work to become more comfortable in the water, or pursue lifeguard certification. Ages 12-14 could pursue junior lifeguard skills, while ages 15-18 could pursue lifeguard certification and apply for employment with the City of Eugene.

Sheldon Pool & Fitness Center
Feb 13-Mar 21 TuTh 6:30-7p Free #27105

Day Trips

Meet at Graham Field House

Play at Salt Creek Falls Ages 12-14

We'll provide equipment such as sleds, shovels, buckets and watercolor supplies. You bring the energy to throw snowballs, build snow forts and paint frigid PNW landscapes. Choose your own adventure between high-energy and calm activities. Bring a lunch. For more information or if you need assistance sourcing weather-appropriate clothing email empowerment@eugene-or.gov or call 541-682-5375.

Feb 1 Th 8a-5:30p Free #27104
Feb 3 Sa 8a-5:30p Free #27106

Coastal Storm Watch Ages 12-15

We're going to the coast to stare at the icy waves, drink hot cocoa and watch the storm clouds pass us by. We'll be taking watercolor supplies to paint any clouds, seals or tumultuous waters that inspire us. If the weather permits, we'll have a chance to fly some kites. Bring a lunch. For more information or if you need assistance sourcing weather-appropriate clothing email empowerment@eugene-or.gov or call 541-682-5375.

Feb 16 F 8a-5:30p Free #27109

Wildflowers & Cameras Ages 15-18

It's time to hike to where the wildflowers are blooming with cameras of our own design. Learn to build a camera from found materials, known as a camera obscura. We'll be using our homemade cameras, GoPros and other professional gear to capture the natural beauty of Sweet Creek Falls. There will be some hiking, so wear appropriate clothing. Bring a lunch. For more info or if you need assistance sourcing weather-appropriate clothing email empowerment@eugene-or.gov or call 541-682-5375.

Meet at Washington Park Center
Apr 12 F 8a-5:30p Free #27107
Apr 26 F 8a-5:30p Free #27108

Decoding Authority Workshop Ages 12-14 & 15-18

A sticker workshop where teens will examine the roles of authority, obedience and disobedience in shaping their autonomy. Participants will use simple sticker tools to practice outcome mapping and other decision-making skills. You'll leave with extra stickers to keep practicing and integrating the work we'll do together in this workshop. Snacks provided.

Washington Park Center
Winter Sessions
Ages 12-14 Feb 17 Sa 12-4p Free #27194
Ages 15-18 Feb 24, Mar 2 Sa 12-4p Free #27195
Spring Sessions
Ages 12-14 Apr 27 Sa 12-4p Free #27197
Ages 15-18 May 4 & 11 Sa 12-4p Free #27196

Drop-In Study Help Ages 13-18

Need some assistance with schoolwork or a project? Want a place to focus with other teens doing the same? Come to the library teen center to work individually or receive 1-on-1 support from staff that work in education.

Downtown Library Teen Center, 100 W. 10th Avenue
Jan 8-Jun 10 M 4-6p Free Drop-in
No program Jan 1, 15, Feb 19, Mar 25, May 27

Hult Center Backstage Pass Ages 13-18

Teen Empowerment and the Hult Center are collaborating to offer exciting opportunities for teens. Our goals are to connect youth with industry professionals and programs that provide access to the world of performing arts and show production. There will be ongoing opportunities to meet with experts in tech, show production, event coordination, marketing and performers. Programs will take the form of facility and equipment tours, info sessions with industry professionals, workshops, and meetings with personnel from touring and local productions. Dates and times will vary. Sign up for the interest list to be notified when dates and times are added. For more information email empowerment@eugene-or.gov or call 541-682-5375.

Interest List #27128



Media, Arts & Technology

The goals of the Media, Arts and Technology programs are to teach youth to work successfully with advanced, industry standard audio-visual equipment, build a mobile media unit out of a cargo trailer, co-host community events and learn to create quality social media content. Youth will gain industry-related job experience applicable to music venue work, audio-visual creation, social media content creation, audio-visual post-production processing and editing and other skills in creative industries. All activities are adaptable to participants' unique learning styles. For more information email empowerment@eugene-or.gov or call 541-682-5375.

Washington Park Center

Baile Folklorico Art Class Ages 14-18

Learn to use traditional Mexican art-making techniques to construct fiber arts, basket weave, sculpt and craft paper ornate paper flowers. In this class you'll learn about Mexican culture and why these art forms are significant.

Apr 2-May 28 Tu 6-7p Free #27046

Baile Folklorico Dance Class Ages 14-18

Learn about Mexican culture and dance. This class will build your confidence in dance skills and you'll learn about spatial awareness, traditional movement and the cultural significance of Mexican music.

Jan 9-Mar 5 Tu 6-7p Free #27040

Intro to Laser Projection Tech Ages 14-18

Projection mapping is the art of using laser-powered projectors to distort surfaces with creative visuals. Participants will learn to use this tech and create moving scenery for the Spring Sculpture Competition display. If you've been looking for a place to show off your creativity, this is a great way to do it. This project will be on display downtown for all enjoy.

Apr 13 Sa 12-4p Free #27122

Intro to Song Production Ages 14-18

Learn how to generate music using a mix of self-recorded sounds and digital work. We'll review the basics of song production with a variety of digital editing tools and explore creative approaches to music-making. You'll leave with some production skills and the project you've created.

May 27 M 12-3:30p Free #27120

Intro to Videography Ages 14-18

Learn to capture, edit and produce quality content for social media, short films or memes. Learn to explore your own interests with the guidance of adults who have found success in creative fields of work. We'll have a guest speaker from the Hult Center that specializes in videography and works with artists from around the world. Now's the chance to practice your skills and produce your own creative project to take home.

May 25 Sa 12-4p Free #27117

Journaling Workshop Ages 15-18

Create a personalized journal from a wide variety of exciting materials. Guided by a Master of Fine Art, participants can expect to spend time during this workshop constructing their journals and learning to reflect creatively in them. No one is required to share their writing, you can keep your secrets and your journal at the end of the workshop.

Jan 27 Sa 2-4p Free #27019
Apr 6 Sa 2-4p Free #27031

Kite Making Workshop Ages 13-17

Learn building techniques of various forms of flying contraptions and then create your own. Choose from designs that we've provided or engineer something unique. We'll test them all in a simulated wind tunnel or outside, weather permitting. Fly them at the coast with us on February 16. *For details see Coastal Storm Watch in Day Trips.*

Feb 7 W 4-7p Free #27126

Sculpture Competition Ages 12-18

Work in small teams to build giant papier-mâché sculptures. We'll be using old Rec Guides and other recycled materials to fabricate an artwork of your design. Each sculpture has the chance to be featured in a public event and voted on in various categories. Show us how beautiful being sustainable can be.

Apr 1 M 12-5p Free #27114

Teen Art Show Ages 12-15

Spend the first part of the day perusing the isles of MECCA, searching for the ultimate materials for your creative project. The rest of the day will be spent creating art, either following your interests or supported by a guiding theme. Your artwork will be displayed at Graham Field House where we will host a gallery reception with refreshments. The reception will be open to the public.

Feb 19 M 8a-5p Free #27125

Youth Activities

Movie Nights Ages 13-18

We're looking forward to laughing, crying and cringing together once per month at teen movie nights. Enjoy popcorn and treats as we get cozy and watch movies from a variety of genres. There will be opportunities for the group to choose the films. For the list of movies we'll watch, visit our Instagram at [@eugyep](#).

Graham Field House
Jan 20, Feb 10, Mar 9, Apr 20, May 11, Jun 22
Sa 6-9p Free Drop-in

Pathways to Employment

Counselor In Training Spring Break Camp Ages 12-15

Learn leadership skills with experienced Recreation staff. This CIT program will be a unique experience with an emphasis on community service and building basic job skills such as communication, working with a team and practicing how to facilitate activities. Youth will gain confidence, interpersonal skills and be well-prepared for future employment opportunities. For more information email empowerment@eugene-or.gov or call 541-682-5375.

Washington Park Center
Mar 25-29 M-F 9a-4p Free #26816

Leadership in Training Ages 14-18

An opportunity for teens who are interested in growing their professional skills. Our goal is that your confidence in getting a job will increase as we explore your career interests, develop your leadership skills and have fun! LIT will meet once per month and practice these skills regularly during the Vibe teen program. For more information email empowerment@eugene-or.gov or call 541-682-5375.

Petersen Barn Community Center
Winter
Jan 26, Feb 23, Mar 22 F 4-5p Free #27033
Spring
Apr 26, May 31 F 4-5p Free #27192

Resolve - Youth Restorative Justice Ages 12-18

Resolve is a youth program designed for teen volunteers to come together to help their peers address criminal citations for low-level offenses through a circle process. During the circle, youth volunteers listen to the accountable youth's retelling of the incident, ask questions and work collaboratively to find ways the accountable youth can repair harm. The accountable youth leaves with a contract, and once complete their case is closed by the Lane County Division of Youth Services. All hours volunteered at Resolve count toward high school graduation community service hour requirements. Those who want additional leadership opportunities, as well as additional volunteer hours, can join

our Youth Leadership Council which meets before sessions to help plan and assist with program decisions. All youth volunteers are also offered ongoing wellness and youth development workshops, as well as recreation activities. To join, each youth volunteer will need to attend a New Circle Member Training. Please reach out to Ellen Swanson at eswanson@eugene-or.gov to sign up for the next training and for more information.

Washington Park Center
Ongoing Th 6-7:30p Free #27131

Teen Clubs

Baking Club Ages 12-18

Learn to bake the pastry of the month. We'll tackle a baking challenge to learn the essentials of creating savory and sweet treats. This is a great way for experienced teen bakers to hone their skills and beginners will have a supportive environment to start from scratch. Take home whatever you make to share with your loved ones. Join us even if you're not able to make it to every meeting. Professional cupcake artist Kristen Anderson will teach a session on cupcake decoration in March.

Washington Park Center
Jan 20, Feb 10, Mar 9, Apr 20, May 18, Jun 22
Sa 12-4p Free #27088

Disc Golf Club Ages 12-18

Disc golf is a great way for beginners to learn and experienced players to practice their skills. We'll take a Rec bus to different locations around town. Equipment and snacks provided. For more information or if transportation is a barrier, email empowerment@eugene-or.gov or call 541-682-5375.

Meet at Graham Fieldhouse
May 1-Jun 12 W 4-6:30p Free #27089

VIBE Ages 12-18

Hang out at Petersen Barn Community Center on Friday nights. We have free food, air hockey, virtual reality, video games, table tennis, arcade basketball, giant Connect Four and other fun activities weekly. Check our Instagram to see when we're hosting karaoke and movie nights [@eugyep](#). For more information contact empowerment@eugene-or.gov or call 541-682-5375.

Petersen Barn Community Center
Ongoing F 5-9p Free Drop-in
No meeting Jan 5, Jun 7