

EUGENE CITY COUNCIL NEWSLETTER

November 10, 2010



City of Eugene

777 Pearl Street, Room 105
Eugene, Oregon 97401-2793
(541) 682-5010
(541) 682-5414 (FAX)
www.eugene-or.gov

IN THIS WEEK'S EDITION

BUILDING TRAJAN'S COLUMN: ARCHAEOLOGY TALK AT EUGENE PUBLIC LIBRARY YOGASLACKERS WORKSHOP

AROUND THE CITY

Building Trajan's Column: Archaeology Talk at Eugene Public Library

The Downtown Eugene Public Library will host a free, illustrated talk by visiting archaeology professor Dr. Lynne Lancaster on Wednesday, Nov. 17, at 6 p.m. Dr. Lancaster will explain how the ancient Romans built Trajan's Column, a great technological achievement for the time.



Trajan's Column in Rome is best known for its sculpted spiral frieze depicting Trajan's victories in the Dacian Wars (101-106 AD). But it was also an amazing engineering feat. Its blocks are among the heaviest to have been lifted during the Roman Imperial period; the largest weighed 77 tons.

Dr. Lancaster will share evidence of how the blocks were quarried, transported, and placed. She has developed a hypothetical reconstruction of the lifting tower used to raise the blocks, based on archaeological evidence from this and other Roman sites, literary evidence from technical writers including Vitruvius and Hero of Alexandria, and a comparative analysis with the 1586 lifting of the Vatican obelisk.

A specialist in Roman art and archaeology and the topography of Rome, Dr. Lancaster received her MA and PhD from Oxford University in England. She currently teaches at Ohio University. Her talk at the Eugene Public Library is co-sponsored by the Eugene chapter of the Archaeological Institute of America and the University of Oregon Classics Department. For more information, contact the Eugene Public Library at 541-682-5450 or www.eugene-or.gov/library.

YogaSlackers Workshops

Recreation Service's Outdoor Program presents a pair of workshops this Saturday, Nov. 13, combining two popular sports activities, yoga and slack-lining (a balance sport that features a nylon rope tensioned between two anchor points). The skills taught at the workshops enhance balance and body awareness, making them beneficial to rock climbers and other athletes..

The first workshop, An Introduction to Flight: AcroYoga, blends the elements of Vinyasa Yoga, acrobatics and Thai massage. These are powerful tools in helping to improve a sport or practice. No partner is necessary. Some basic yoga (or other body awareness practice such as rock climbing) is helpful. This workshop will be held from 9 a.m. – noon.

The second workshop, Redefining Balance, will take yoga to an entirely new level, reshaping the definition of balance by teaching the basics of yoga on a slack-line. It's a great way to improve overall strength and balance for asana practice on and off the mat. It will be held from 1 - 4 p.m.



The YogaSlackers Workshops will be held at Washington Park Community Center, 2025 Washington Street. The cost of each class is \$35; take both classes for only \$60. For more information, or to register, go to www.eugene-or.gov/recenroll or call 541-682-5329.